

Tidewater Striders Board of Directors

Meeting Minutes

Date: May 4, 2020

Call to Order

At 6:30 pm, President Thomas Hicks called the Striders Board of Directors meeting to order. Due to the COVID-19 restrictions the meeting was held via video conference call.

Location: Running Etc.- Regency Hilltop Shopping Center, Virginia Beach
 Running Etc.- 1707 Colley Ave, Norfolk
 Video Conference Call

The following Board members were in attendance:

<input checked="" type="checkbox"/> Steve Armitage	<input checked="" type="checkbox"/> Marie Price	<input checked="" type="checkbox"/> Randy Cook	<input checked="" type="checkbox"/> Kimberly Borges
<input checked="" type="checkbox"/> Jim Martin	<input checked="" type="checkbox"/> Andrew Hoffer	<input checked="" type="checkbox"/> Tim Robinson	<input checked="" type="checkbox"/> Peter Pommerenk
<input checked="" type="checkbox"/> Bunny May	<input checked="" type="checkbox"/> Thomas Hicks	<input checked="" type="checkbox"/> Tim Westfall	<input checked="" type="checkbox"/> William Tallent

Guests: Jim Dare, Dan Edwards

President's Report

- Motion: The minutes of the April 6 meeting were unanimously approved.
- The Scholarship Committee met on May 3, 2020. Jim Dare and Dan Edwards presented background information on the scholarships and the results (see attachment). Dan pointed out that the award criteria are published in the current policies. The 2020 Scholarship awards received the greatest number of applications ever, and they were the largest awards ever given. The motion to approve the 2020 scholarships was unanimously approved by the Board.
- There were 676 participants for the Virtual 5k, which raised over \$2000. The next virtual race is the ERR 10k; it is set up and over 300 persons have signed up already. There will also be a virtual duathlon set up for June.
- The club is currently planning on the summer races to happen, but there will be an option to perform a virtual race at a discount and medals and T-shirt will be available to all finishers. If the Summer Series are canceled, alternative virtual Tuesday night events with raffles will be offered.
- Thomas announced that the two new storage units have been rented. They are adjacent to one another and contain the race equipment in one unit, and everything else in the other unit.

Vice President's Report

Randy reported on his committees (Banquet, Hall of Fame, History):

- The Picnic is still scheduled for August 22, 2020.
- Hall of Fame Nominations are being worked on; the nomination deadline is November 1.
- The Club History is up to date as of April.

Treasurer's Report

- Tim provided the April Income Statement, Balance Sheet and Transaction Details (see attachments); income is decreasing, but Club is still financially sound due to reserve funds.
- Noted that funds were disbursed to restaurants (food for healthcare workers) and for Running Etc gift cards.

Committee Reports

There were no updates on committees except those already noted above and the following:

- Constitution and Bylaws: (Peter Pommerenk): In August 2019, the Board approved a motion to consolidate the Publications and Web Site committees into the "Media" committee. The revised bylaws still contain the "Web Site" committee. Motion to remove Item "v. Web Site" in Article IX, Section II, in the listing of standing committees in the revised bylaws. The motion was unanimously approved by the Board. The latest revision of the bylaws is attached.
- Grand Prix: (Stacin Martin): Revisions will be made once races can be scheduled again.
- Multisport: (Bob Boyce): OBX Duathlon and Jamestown Triathlon are also cancelled this year due to COVID-19. Recommends to the board to modify the Multisport Grand Prix rules for this season such that completion of a minimum of two (versus three) events in the series will qualify individuals for awards. The Board will hold off on any modification of the rules until there is more certainty regarding the race schedules.
- Marketplace: (William Tallent): Had limited number of orders; transitioning from winter to spring/summer gear. Hats and t-shirts are on order. With the Running Etc showroom closed, Thomas mentioned that orders can temporarily be picked up from his house because mailing is too expensive.
- Media: (Jean Phelan/Jim Martin): Striders Podcast (Andrew Hoffer): Jim reported the current number of followers for Twitter: 1,140, Instagram: 1,108 and Facebook: 4,350. Andrew announced that a new Strider Podcast with Hall of Fame member Dave McDonald is forthcoming.
- Membership: (Bob Brunner): The club ended April with 1,751 members compared to 1,789 one year ago and 1,786 one month ago. The Tidewater Striders now have 1,100 memberships compared to 1,136 one year ago. There were 30 transactions in April involving 50 Strider members. Thomas asks board members to brainstorm ideas to boost membership. Peter will review questionnaire data from Membership sign-ups. Steve mentioned that more promotion on Instagram and Facebook may help. Bunny suggested boosting walking and various suggestions were made.
- Programs: (Kim Borges): Currently, no programs can be scheduled.
- Scholarship/Campership: (Dan Edwards/Jim Dare): Refer to President's Report.
- Walking: (Bunny May): For August 1 Striders' Mile there was discussion about having a USATF walking certified track and race judges.

Old Business

- None

New Business

- New Energy program: Since there are no sessions this spring (due to COVID-19), it was suggested that fall payments to the coaches be suspended. Thomas will approach Angelo to talk to the coaches about this issue before the Board will make a decision.
- Membership forms: The old printed forms that are handed out at races should be replaced.
- Tim Westfall suggested that minutes be posted on social media after approval.

Next meeting: June 1, 2020, 6:30 PM via Video Conference

Adjournment: The meeting was adjourned at **7:44 PM**.

Minutes prepared by: Peter Pommerenk

Minutes approved: June 1, 2020

SCHOLARSHIP COMMITTEE Report to TS BoD May 4 2020

TS Scholarship Committee met in distributed manner via Zoom on Sunday, 5/03. Virtually present were Dan Edwards (Co-Chair), Jim Dare (Co-Chair), Jeanne Kruger, Evie Foster. Steve Sheppard, and Thomas Hicks (ex-officio).

The Committee considered a total of 27 scholarship applications, 12 from HS seniors, and 15 from current collegians. This is the largest application class ever received. After evaluation and discussion, the Committee reached consensus on awarding \$33,500 in scholarships to 10 HS applicants and to 9 current collegians. Summary of awardees and amounts are summarized in draft announcement below.

For recent historical reference, below is the five year history of scholarship applications and awards, including the draft 2020 awards.

	<u>Draft 2020</u>	<u>2019</u>	<u>2018</u>	<u>2017</u>	<u>2016</u>
Collegian Subtotal \$	\$15,500	\$19,500	\$12,000	\$13,000	\$5,000
Number awarded	9	9	8	8	3
HS Sub-Total \$	\$18,000	\$10,500	\$13,000	\$14,000	\$19,500
Number awarded	10	6	8	7	9
<i>Total Scholarship \$\$</i>	<i>\$33,500</i>	<i>\$30,000</i>	<i>\$25,000</i>	<i>\$27,000</i>	<i>\$24,500</i>
<i>Total number awarded</i>	<i>19</i>	<i>15</i>	<i>16</i>	<i>15</i>	<i>12</i>
Avg \$\$/award	\$1,763	\$2,000	\$1,563	\$1,800	\$2,042
Total Applications	27	19	25	21	19

Striders Award \$33,500 in Scholarships (Draft)

The Tidewater Striders are excited to announce the 2020-2021 Scholarship awardees. \$33,500 in scholarship assistance will be provided to nineteen student athletes to assist in their continuing education. Maeve Stiles of Maury High School was awarded the Pamela Edwards Memorial Scholarship, while Jonathon Leiding of Landstown High School received the Tom Bashara Memorial Scholarship. This year, we again awarded the Mel Williams Memorial Scholarship to Harrison Martingale to support his second year of education at the graduate school level.

Current High School Seniors	\$18,000 Total	Name	High School	College
Pam Edwards Memorial Scholarship	\$3,000	Maeve Stiles	Maury HS	U of Penn
Tom Bashara Memorial Scholarship	\$3,000	Jonathon Leiding	Landstown HS	CNU
Tidewater Striders Scholarship	\$2,500	Hunter Quigley	Catholic HS	Duke U
Tidewater Striders Scholarship	\$2,000	Jack Cinnamond	Princess Anne HS	U So Florida
Tidewater Striders Scholarship	\$2,000	Jack Van Straten	Kings Fork HS	Longwood U
Tidewater Striders Scholarship	\$1,500	Foster Stravino	Princess Anne HS	U of Pittsburg
Tidewater Striders Scholarship	\$1,000	Mackenzie Gorman	Ocean Lakes HS	Auburn U
Tidewater Striders Scholarship	\$1,000	Meredith King	Ocean Lakes HS	Liberty U
Tidewater Striders Scholarship	\$1,000	Sarah Kinka	Princess Anne HS	CNU
Tidewater Striders Scholarship	\$1,000	Konnor Rafferty	Tallwood HS	VA Tech

Current Collegians	\$15,500 Total	Name	College
Mel Williams Memorial Scholarship	\$3,000	Harrison Martingayle	FSU
Tidewater Striders Scholarship	\$2,500	Madeline King	Ole Miss
Tidewater Striders Scholarship	\$2,000	Savannah Bowers	U South Carolina
Tidewater Striders Scholarship	\$2,000	Kayleen Meinen	VA Wesleyan U
Tidewater Striders Scholarship	\$2,000	Cierra Sheppard	ECPI
Tidewater Striders Scholarship	\$1,000	Jacob Bushey	UVA
Tidewater Striders Scholarship	\$1,000	Doria Martingayle	UVA
Tidewater Striders Scholarship	\$1,000	Betsy Pollard	Campbell U
Tidewater Striders Scholarship	\$1,000	Davis Young	UVA

Tidewater Striders
Profit & Loss Prev Year Comparison
January through April 2020

	Jan - Apr 20	Jan - Apr 19	\$ Change
Ordinary Income/Expense			
Income			
Awards Banquet Revenue	2,386.00	2,053.50	332.50
Club Race Reven			
1-1 Resolution 5K	10,595.70	8,344.54	2,251.16
10-Miler Entries	19.50	0.00	19.50
Eliz River Run	2,673.50	10,076.98	-7,403.48
Memorial Schol Race Revenue	62.80	0.00	62.80
Strider Mile 1500M RW	11.50	0.00	11.50
T S Dist Ser Re	22,034.02	19,162.97	2,871.05
Virtual 5k	2,057.00	0.00	2,057.00
Virtual ERR	105.00	0.00	105.00
Club Race Reven - Other	474.54	0.00	474.54
Total Club Race Reven	38,033.56	37,584.49	449.07
Exec Race Comm	734.00	1,671.97	-937.97
Interest Income	0.15	628.77	-628.62
Market Place	10.00	190.00	-180.00
Membership Rev	4,671.74	6,544.00	-1,872.26
Scholarship Donation Genl&Mem			
Scholarship General Donations	25.00	10.00	15.00
Total Scholarship Donation Genl&Mem	25.00	10.00	15.00
Youth Revenue			
Uniforms - Youth	547.32	206.06	341.26
Total Youth Revenue	547.32	206.06	341.26
Total Income	46,407.77	48,888.79	-2,481.02
Expense			
Awards	3,441.18	2,227.97	1,213.21
Banquet Expense	9,870.05	9,343.18	526.87
Club Race Expenses			
1-1 5K	6,578.77	4,766.48	1,812.29
50K Seashore Ultra	17.92	0.00	17.92
Eliz River Run	1,477.00	3,398.92	-1,921.92
T S Dist Series	16,629.52	15,158.61	1,470.91
Virtual 5k Food Purchase	2,000.00	0.00	2,000.00
Total Club Race Expenses	26,703.21	23,324.01	3,379.20
Community Svc	2,628.50	229.39	2,399.11
ERC-Van & Trail	1,080.60	109.22	971.38
ERC Race Oper's	1,495.50	1,407.46	88.04
General Ops			
Website Expense	2,152.49	1,600.00	552.49
General Ops - Other	359.90	59.90	300.00
Total General Ops	2,512.39	1,659.90	852.49
Market PI Exp	2,746.00	11.00	2,735.00
Membership Exp	0.00	657.98	-657.98
Newsletter Exp	2,400.00	2,000.00	400.00
President	1,432.53	0.00	1,432.53
Program	200.00	0.00	200.00
Treasurer	49.50	18.70	30.80
Volunter Comm	58.26	0.00	58.26
Walkers	318.00	0.00	318.00

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Accrual Basis

Tidewater Striders
Profit & Loss Prev Year Comparison
January through April 2020

	<u>Jan - Apr 20</u>	<u>Jan - Apr 19</u>	<u>\$ Change</u>
Youth Devel.			
Prof Dev & Bkgrd Ck's	108.85	655.00	-546.15
Youth Coaching	2,365.70	3,000.00	-634.30
Youth Uniforms	17.65	1,553.00	-1,535.35
Yth Track & CC Meets	32.85	36.05	-3.20
Youth Devel. - Other	950.00	2,259.33	-1,309.33
Total Youth Devel.	<u>3,475.05</u>	<u>7,503.38</u>	<u>-4,028.33</u>
Total Expense	<u>58,410.77</u>	<u>48,492.19</u>	<u>9,918.58</u>
Net Ordinary Income	<u>-12,003.00</u>	<u>396.60</u>	<u>-12,399.60</u>
Net Income	<u>-12,003.00</u>	<u>396.60</u>	<u>-12,399.60</u>

Tidewater Striders
Balance Sheet Prev Year Comparison
As of April 30, 2020

	Apr 30, 20	Apr 30, 19	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
Operating Funds			
Bk of Amer Ckg	1,596.77	3,862.98	-2,266.21
Towne Bank Cking	1,461.58	2,250.81	-789.23
Towne Bank np CD 1.6% Due 11-20	102,248.72	100,000.00	2,248.72
Union Bank 0.65% Money Market	16,621.10	46,427.40	-29,806.30
Total Operating Funds	121,928.17	152,541.19	-30,613.02
Scholarship Restricted Funds			
MM Restrcted Funds	50,000.00	50,000.00	0.00
TowneCD 1.5% 04/14/20 GenISchol	82,248.72	81,120.00	1,128.72
TowneCD 1.5% 04/14/20 PSE MemSc	51,766.33	50,700.00	1,066.33
Xenith 1.5 CD 7/14/20 MelWmM	22,559.39	22,559.39	0.00
Total Scholarship Restricted Funds	206,574.44	204,379.39	2,195.05
Total Checking/Savings	328,502.61	356,920.58	-28,417.97
Other Current Assets			
Inventory	3,597.55	0.00	3,597.55
Total Other Current Assets	3,597.55	0.00	3,597.55
Total Current Assets	332,100.16	356,920.58	-24,820.42
Fixed Assets			
Accumulated Depreciation	-71,893.00	-69,443.00	-2,450.00
Equipment	77,552.81	75,313.25	2,239.56
Total Fixed Assets	5,659.81	5,870.25	-210.44
TOTAL ASSETS	337,759.97	362,790.83	-25,030.86
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
Accounts Payable	3,780.21	2,093.83	1,686.38
Total Accounts Payable	3,780.21	2,093.83	1,686.38
Total Current Liabilities	3,780.21	2,093.83	1,686.38
Total Liabilities	3,780.21	2,093.83	1,686.38
Equity			
Retained Earnings	345,982.76	360,300.40	-14,317.64
Net Income	-12,003.00	396.60	-12,399.60
Total Equity	333,979.76	360,697.00	-26,717.24
TOTAL LIABILITIES & EQUITY	337,759.97	362,790.83	-25,030.86

Tidewater Striders
Transaction Detail By Account
 January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
Awards Banquet Revenue							
Deposit	01/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		613.00	613.00
Deposit	01/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		143.00	756.00
Deposit	01/21/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		250.00	1,006.00
Deposit	01/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		415.00	1,421.00
Deposit	02/02/2020		Deposit	Bk of Amer Ckg		625.00	2,046.00
Deposit	02/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		305.00	2,351.00
Deposit	03/12/2020		Deposit	Bk of Amer Ckg		35.00	2,386.00
Total Awards Banquet Revenue					0.00	2,386.00	2,386.00
Club Race Reven							
1-1 Resolution 5K							
Deposit	01/01/2020	Square	Deposit	Bk of Amer Ckg		553.38	553.38
General Journal	01/01/2020		Reverse of G...	-SPLIT-		9,401.10	9,954.48
Deposit	01/02/2020	Square	Deposit	Bk of Amer Ckg		466.22	10,420.70
Deposit	01/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		175.00	10,595.70
Total 1-1 Resolution 5K					0.00	10,595.70	10,595.70
10-Miler Entries							
Deposit	03/17/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		19.50	19.50
Total 10-Miler Entries					0.00	19.50	19.50
Eliz River Run							
Deposit	01/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		230.00	230.00
Deposit	01/21/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		125.00	355.00
Deposit	01/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		445.00	800.00
Deposit	02/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		340.00	1,140.00
Deposit	02/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		451.00	1,591.00
Deposit	02/18/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		315.00	1,906.00
Deposit	02/25/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		165.00	2,071.00
Deposit	03/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		485.00	2,556.00
Deposit	03/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		142.50	2,698.50
Deposit	04/01/2020	RunSignUp.com	Deposit	Bk of Amer Ckg	25.00		2,673.50
Total Eliz River Run					25.00	2,698.50	2,673.50
Memorial Schol Race Revenue							
Deposit	03/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		31.40	31.40
Deposit	04/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		31.40	62.80
Total Memorial Schol Race Revenue					0.00	62.80	62.80
Strider Mile 1500M RW							
Deposit	04/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		15.00	15.00
Deposit	04/22/2020	RunSignUp.com	Deposit	Bk of Amer Ckg	3.50		11.50
Total Strider Mile 1500M RW					3.50	15.00	11.50

Tidewater Striders Transaction Detail By Account January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
T S Dist Ser Re							
General Journal	01/01/2020		Accrue 2020 ...	1-1 Resolution ...		12,327.00	12,327.00
Deposit	01/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		2,624.00	14,951.00
Deposit	01/13/2020	Square	Deposit	Bk of Amer Ckg		252.74	15,203.74
Deposit	01/13/2020	Square	Deposit	Bk of Amer Ckg		344.28	15,548.02
Deposit	01/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		1,796.00	17,344.02
Deposit	01/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		139.73	17,483.75
Deposit	01/16/2020		Deposit	Bk of Amer Ckg		173.08	17,656.83
Deposit	01/21/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		460.00	18,116.83
Deposit	01/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		1,140.00	19,256.83
Deposit	02/02/2020		Deposit	Bk of Amer Ckg		315.00	19,571.83
Deposit	02/03/2020	Square	Deposit	Bk of Amer Ckg		145.60	19,717.43
Deposit	02/03/2020	Square	Deposit	Bk of Amer Ckg		87.36	19,804.79
Deposit	02/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		281.00	20,085.79
Deposit	02/06/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		253.45	20,339.24
Deposit	02/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		85.00	20,424.24
Deposit	02/12/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		175.41	20,599.65
Deposit	02/18/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		80.00	20,679.65
Deposit	02/25/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		425.00	21,104.65
Deposit	03/02/2020	Square	Deposit	Bk of Amer Ckg		145.60	21,250.25
Deposit	03/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		475.00	21,725.25
Deposit	03/04/2020	Square	Deposit	Bk of Amer Ckg		58.24	21,783.49
Deposit	03/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		130.53	21,914.02
Deposit	03/12/2020		Deposit	Bk of Amer Ckg		120.00	22,034.02
Total T S Dist Ser Re					0.00	22,034.02	22,034.02
Virtual 5k							
Deposit	04/01/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		585.00	585.00
Deposit	04/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		447.00	1,032.00
Deposit	04/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		230.00	1,262.00
Deposit	04/22/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		795.00	2,057.00
Total Virtual 5k					0.00	2,057.00	2,057.00
Virtual ERR							
Deposit	04/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		20.00	20.00
Deposit	04/22/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		85.00	105.00
Total Virtual ERR					0.00	105.00	105.00
Club Race Reven - Other							
Deposit	03/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		474.54	474.54
Total Club Race Reven - Other					0.00	474.54	474.54
Total Club Race Reven					28.50	38,062.06	38,033.56

Tidewater Striders Transaction Detail By Account January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
Exec Race Comm							
Deposit	03/20/2020		Cox	Towne Bank C...		734.00	734.00
Total Exec Race Comm					0.00	734.00	734.00
Interest Income							
Deposit	01/31/2020		Interest	Towne Bank C...		0.06	0.06
Deposit	02/29/2020		Interest	Towne Bank C...		0.04	0.10
Deposit	03/31/2020		Interest	Towne Bank C...		0.05	0.15
Total Interest Income					0.00	0.15	0.15
Market Place							
Deposit	01/13/2020	Square	Deposit	Bk of Amer Ckg		10.00	10.00
Total Market Place					0.00	10.00	10.00
Membership Rev							
Deposit	01/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		382.30	382.30
Deposit	01/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		261.50	643.80
Deposit	01/21/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		523.60	1,167.40
Deposit	01/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		245.50	1,412.90
Deposit	02/02/2020		Deposit	Bk of Amer Ckg		30.00	1,442.90
Deposit	02/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		363.48	1,806.38
Deposit	02/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		173.50	1,979.88
Deposit	02/18/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		132.80	2,112.68
Deposit	02/25/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		152.19	2,264.87
Deposit	03/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		684.54	2,949.41
Deposit	03/17/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		449.10	3,398.51
Deposit	03/20/2020		Deposit	Towne Bank C...		50.00	3,448.51
Deposit	04/01/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		387.34	3,835.85
Deposit	04/08/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		145.00	3,980.85
Deposit	04/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		285.00	4,265.85
Deposit	04/22/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		218.39	4,484.24
Deposit	04/23/2020		Deposit	Towne Bank C...		20.00	4,504.24
Deposit	04/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		167.50	4,671.74
Total Membership Rev					0.00	4,671.74	4,671.74
Scholarship Donation Genl&Mem							
Scholarship General Donations							
Deposit	02/02/2020		Deposit	Bk of Amer Ckg		25.00	25.00
Total Scholarship General Donations					0.00	25.00	25.00
Total Scholarship Donation Genl&Mem					0.00	25.00	25.00

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05/04/20

Accrual Basis

Tidewater Striders
Transaction Detail By Account
 January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
Youth Revenue							
Uniforms - Youth							
Deposit	01/15/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		42.50	42.50
Deposit	01/21/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		35.00	77.50
Deposit	01/29/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		34.50	112.00
Deposit	02/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		30.00	142.00
Deposit	02/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		17.50	159.50
Deposit	02/18/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		17.50	177.00
Deposit	03/04/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		128.00	305.00
Deposit	03/11/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		207.82	512.82
Deposit	03/17/2020	RunSignUp.com	Deposit	Bk of Amer Ckg		34.50	547.32
Total Uniforms - Youth					0.00	547.32	547.32
Total Youth Revenue					0.00	547.32	547.32
Awards							
Bill	01/13/2020	G & W	awards	Accounts Paya...	494.85		-494.85
Bill	01/15/2020	G & W	awards	Accounts Paya...	16.50		-511.35
Bill	01/23/2020	Chase Visa	Medal Holder...	Accounts Paya...	1,739.99		-2,251.34
Bill	01/27/2020	G & W	awards	Accounts Paya...	579.55		-2,830.89
Bill	01/29/2020	Chase Visa	G&W Awards ...	Accounts Paya...	506.45		-3,337.34
Bill	02/04/2020	G & W	awards	Accounts Paya...	71.70		-3,409.04
Bill	03/12/2020	Marie Price	Misc zipper b...	Accounts Paya...	21.98		-3,431.02
Bill	03/12/2020	Marie Price	Misc	Accounts Paya...	10.16		-3,441.18
Total Awards					3,441.18	0.00	-3,441.18
Banquet Expense							
Bill	01/09/2020	Norfolk Yacht & Cou...	Awards Banq...	Accounts Paya...	1,500.00		-1,500.00
Check	01/15/2020	Astro Enterprises Inc	DJ	Bk of Amer Ckg	175.00		-1,675.00
Bill	02/01/2020	Norfolk Yacht & Cou...	Awards Banq...	Accounts Paya...	7,920.05		-9,595.05
Check	02/02/2020	Cliff Blaisdell	Photographer	Bk of Amer Ckg	100.00		-9,695.05
Bill	02/25/2020	Astro Enterprises Inc	Deposit for 20...	Accounts Paya...	175.00		-9,870.05
Total Banquet Expense					9,870.05	0.00	-9,870.05
Club Race Expenses							
1-1 5K							
Bill	01/01/2020	Chase Visa	Race Pary Mu...	Accounts Paya...	3,503.13		-3,503.13
General Journal	01/01/2020		Accrue 2020 ...	1-1 Resolution ...	2,560.00		-6,063.13
Bill	01/02/2020	Cox High School Cr...	Race Support	Accounts Paya...	300.00		-6,363.13
Bill	01/06/2020	Chase Visa	Crown Awards	Accounts Paya...	215.64		-6,578.77
Total 1-1 5K					6,578.77	0.00	-6,578.77
50K Seashore Ultra							
Bill	03/01/2020	Jean Phelan	Soda 2019 ru...	Accounts Paya...	17.92		-17.92
Total 50K Seashore Ultra					17.92	0.00	-17.92

Tidewater Striders
Transaction Detail By Account
 January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
Eliz River Run							
Check	01/23/2020	City of Portsmouth	Permit	Bk of Amer Ckg	100.00		-100.00
Bill	03/15/2020	Chase Visa	Deposit on M...	Accounts Paya...	1,377.00		-1,477.00
Total Eliz River Run					1,477.00	0.00	-1,477.00
T S Dist Series							
General Journal	01/01/2020		Accrue 2020 ...	1-1 Resolution ...	4,333.55		-4,333.55
Bill	01/06/2020	Chase Visa	City of Chesa...	Accounts Paya...	225.00		-4,558.55
Bill	01/10/2020	Timothy Robinson	Change Fund	Accounts Paya...	100.00		-4,658.55
Check	01/16/2020	Chase Visa	Big Woody's ...	Bk of Amer Ckg	1,589.84		-6,248.39
Bill	01/21/2020	Steve Shapiro	Doughnuts	Accounts Paya...	112.50		-6,360.89
Bill	01/21/2020	Steve Shapiro	Porta Johns D...	Accounts Paya...	254.40		-6,615.29
Bill	01/31/2020	Paradise Ocean Club	After party DS...	Accounts Paya...	200.00		-6,815.29
Bill	02/01/2020	Paradise Ocean Club	After party DS...	Accounts Paya...	2,000.00		-8,815.29
Check	02/06/2020	Penninsula Bicycling...	Bicycle suppo...	Bk of Amer Ckg	150.00		-8,965.29
Bill	02/28/2020	Chase Visa	Premium 3/4 ...	Accounts Paya...	4,410.45		-13,375.74
Bill	03/01/2020	Jean Phelan	Posters, Soda...	Accounts Paya...	93.22		-13,468.96
Bill	03/01/2020	Chase Visa	Big Woody's ...	Accounts Paya...	1,774.81		-15,243.77
Bill	03/04/2020	Great Bridge High S...	Race Support...	Accounts Paya...	1,000.00		-16,243.77
Bill	03/04/2020	Steve Shapiro	Donuts DS 3	Accounts Paya...	112.50		-16,356.27
Bill	03/31/2020	City of Hampton		Accounts Paya...	273.25		-16,629.52
Total T S Dist Series					16,629.52	0.00	-16,629.52
Virtual 5k Food Purchase							
Bill	04/25/2020	Chase Visa	Warriors Taph...	Accounts Paya...	500.00		-500.00
Bill	04/28/2020	Whiskey Kitchen		Accounts Paya...	500.00		-1,000.00
Bill	04/28/2020	Mission BBQ		Accounts Paya...	500.00		-1,500.00
Bill	04/28/2020	Murphy's Pub		Accounts Paya...	500.00		-2,000.00
Total Virtual 5k Food Purchase					2,000.00	0.00	-2,000.00
Total Club Race Expenses					26,703.21	0.00	-26,703.21
Community Svc							
Bill	01/10/2020	Richard M. Hildreth	Adopt a High...	Accounts Paya...	128.50		-128.50
Bill	04/30/2020	J & A Racing, Inc.	Shamrock YF...	Accounts Paya...	2,500.00		-2,628.50
Total Community Svc					2,628.50	0.00	-2,628.50
ERC-Van & Trail							
Bill	01/15/2020	Richard Brown	Gas	Accounts Paya...	76.00		-76.00
Bill	02/01/2020	Richard Brown	Garage Rent	Accounts Paya...	300.00		-376.00
Bill	02/02/2020	Richard Brown	Elect	Accounts Paya...	49.68		-425.68
Bill	02/27/2020	Richard Brown	Elect	Accounts Paya...	54.92		-480.60
Bill	02/28/2020	Richard Brown	Monlhly Rent	Accounts Paya...	300.00		-780.60
Bill	04/01/2020	Richard Brown	Monlhly Rent	Accounts Paya...	300.00		-1,080.60
Total ERC-Van & Trail					1,080.60	0.00	-1,080.60

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Accrual Basis

Tidewater Striders
Transaction Detail By Account
 January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
ERC Race Oper's							
Bill	01/02/2020	Richard Brown	Garage Rent	Accounts Paya...	300.00		-300.00
Bill	01/15/2020	Richard Brown	Electricity	Accounts Paya...	49.17		-349.17
Bill	01/15/2020	Richard Brown	Office supplies	Accounts Paya...	49.60		-398.77
Bill	01/21/2020	PTC - Peninsula Tra...	Super GP Ba...	Accounts Paya...	250.47		-649.24
Bill	02/22/2020	Chase Visa	Postage	Accounts Paya...	5.50		-654.74
Bill	02/27/2020	Richard Brown	Labels and Ink	Accounts Paya...	110.74		-765.48
Check	03/11/2020	Chase Visa	Big Woody's ...	Bk of Amer Ckg	576.59		-1,342.07
Bill	04/01/2020	Chase Visa	Supplies	Accounts Paya...	153.43		-1,495.50
Total ERC Race Oper's					1,495.50	0.00	-1,495.50
General Ops							
Website Expense							
Bill	01/02/2020	James Martin	Monthly Webs...	Accounts Paya...	500.00		-500.00
Bill	02/01/2020	James Martin	Monthly Webs...	Accounts Paya...	500.00		-1,000.00
Bill	03/01/2020	James Martin	Monthly Webs...	Accounts Paya...	500.00		-1,500.00
Bill	03/12/2020	Chase Visa	BluelnKlt.com...	Accounts Paya...	152.49		-1,652.49
Bill	04/01/2020	James Martin	Monthly Webs...	Accounts Paya...	500.00		-2,152.49
Total Website Expense					2,152.49	0.00	-2,152.49
General Ops - Other							
Bill	02/02/2020	Lori Sherwood	Stipend for sc...	Accounts Paya...	300.00		-300.00
Check	03/31/2020		Service Charge	Bk of Amer Ckg	29.95		-329.95
Check	04/30/2020		Service Charge	Bk of Amer Ckg	29.95		-359.90
Total General Ops - Other					359.90	0.00	-359.90
Total General Ops					2,512.39	0.00	-2,512.39
Market PI Exp							
Check	01/15/2020	Virgina Department ...	Sales Tax Jul...	Bk of Amer Ckg	11.00		-11.00
Bill	03/06/2020	Chase Visa	Headsweats h...	Accounts Paya...	2,735.00		-2,746.00
Total Market PI Exp					2,746.00	0.00	-2,746.00
Newsletter Exp							
Bill	01/01/2020	Jean Phelan	Newsletter	Accounts Paya...	600.00		-600.00
Bill	02/01/2020	Jean Phelan	Newsletter	Accounts Paya...	600.00		-1,200.00
Bill	03/01/2020	Jean Phelan	Newsletter	Accounts Paya...	600.00		-1,800.00
Bill	04/01/2020	Jean Phelan	Newsletter	Accounts Paya...	600.00		-2,400.00
Total Newsletter Exp					2,400.00	0.00	-2,400.00

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Accrual Basis

Tidewater Striders
Transaction Detail By Account
 January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
President							
Bill	02/25/2020	Robert Levinsky	RRCA Convet...	Accounts Paya...	1,160.28		-1,160.28
Bill	02/25/2020	James Dare	RRCA CONV...	Accounts Paya...	974.28		-2,134.56
Deposit	03/20/2020		Levinsky refu...	Towne Bank C...		262.37	-1,872.19
Bill	04/15/2020	Chase Visa	Running Etc ...	Accounts Paya...	500.00		-2,372.19
Deposit	04/23/2020	-MULTIPLE-	Refund monie...	Towne Bank C...		939.66	-1,432.53
Total President					2,634.56	1,202.03	-1,432.53
Program							
Check	03/02/2020	Spectrum Parents E...		Bk of Amer Ckg	200.00		-200.00
Total Program					200.00	0.00	-200.00
Treasurer							
Bill	01/23/2020	Chase Visa	Stamps	Accounts Paya...	49.50		-49.50
Total Treasurer					49.50	0.00	-49.50
Volunter Comm							
Bill	01/09/2020	Marie Price	Reimburse pri...	Accounts Paya...	58.26		-58.26
Total Volunter Comm					58.26	0.00	-58.26
Walkers							
Bill	01/02/2020	Leon Estes	Walking Prom...	Accounts Paya...	318.00		-318.00
Total Walkers					318.00	0.00	-318.00
Youth Devel.							
Prof Dev & Bkgrd Ck's							
Bill	02/02/2020	Amber Conrad	Background C...	Accounts Paya...	30.00		-30.00
Bill	02/02/2020	Mariah Ayala	Background C...	Accounts Paya...	30.00		-60.00
Bill	03/04/2020	Tammy Sadler		Accounts Paya...	48.85		-108.85
Total Prof Dev & Bkgrd Ck's					108.85	0.00	-108.85
Youth Coaching							
Bill	02/01/2020	Steve Sheppard	Monthly	Accounts Paya...	300.00		-300.00
Bill	03/04/2020	Steve Sheppard	Monthly	Accounts Paya...	300.00		-600.00
Bill	03/04/2020	Dave McDonald.	Coach payme...	Accounts Paya...	400.00		-1,000.00
Bill	03/04/2020	Thomas Tate	Coach payme...	Accounts Paya...	400.00		-1,400.00
Bill	03/04/2020	Frank Scaringello.	Coach payme...	Accounts Paya...	400.00		-1,800.00
Bill	03/04/2020	Kimberly Borges	Coach payme...	Accounts Paya...	400.00		-2,200.00
Bill	03/04/2020	Steve Sheppard		Accounts Paya...	165.70		-2,365.70
Total Youth Coaching					2,365.70	0.00	-2,365.70

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Accrual Basis

Tidewater Striders Transaction Detail By Account January through April 2020

Type	Date	Name	Memo	Split	Debit	Credit	Balance
Youth Uniforms							
Check	01/29/2020	Virginia Department ...	Sale Tax relat...	Bk of Amer Ckg	7.64		-7.64
Check	02/22/2020	Virginia Department ...	Sale Tax relat...	Bk of Amer Ckg	10.01		-17.65
Total Youth Uniforms					17.65	0.00	-17.65
Yth Track & CC Meets							
Bill	03/31/2020	Steve Sheppard		Accounts Paya...	32.85		-32.85
Total Yth Track & CC Meets					32.85	0.00	-32.85
Youth Devel. - Other							
Bill	01/31/2020	Chase Visa	Angelo	Accounts Paya...	475.00		-475.00
Bill	04/01/2020	Chase Visa	Angelo	Accounts Paya...	475.00		-950.00
Total Youth Devel. - Other					950.00	0.00	-950.00
Total Youth Devel.					3,475.05	0.00	-3,475.05
TOTAL					59,641.30	47,638.30	-12,003.00

**TIDEWATER STRIDERS
BYLAWS**

ARTICLE I INCORPORATION

SECTION I: The Striders shall be incorporated as a nonstock corporation under the provision of Chapter 10 of title 13.1, Code of Virginia.

SECTION II: The name of the corporation shall be the Tidewater Striders Track Club.

SECTION III: The corporation shall be operated exclusively for education and charitable purposes as specified in Section 501(c)(3) of the Internal Revenue Code.

ARTICLE II PURPOSES

SECTION I: In furtherance of the stated purposes, the Striders may do the following:

- a. hold races
- b. hold championships
- c. hold social events
- d. hold educational lectures
- e. provide scholarship funds
- f. publish newsletters
- g. make various awards
- h. undertake other such functions in order to promote running, track and field events, walking, and triathlons.

ARTICLE III MEMBERSHIP

SECTION I: Membership classes in the Striders shall be sub-classified as Adult, Youth, Family, Golden Runner, and Complimentary.

- a. The only requirement for Active or Family membership is payment of dues.
- b. Youth membership shall consist of individuals 18 years of age and younger.
- c. All past presidents completing a 2-year term of service before July 1, 2018 will be awarded a lifetime Golden Runner membership. All members of the Board completing two full, consecutive 2-year terms before July 1, 2018 are granted lifetime Golden Runner membership. Golden Runner members are entitled to free admission to all Striders races.
- d. At the discretion of the Board, a complimentary membership may be provided to various individuals, organizations, or commercial enterprises to help promote the purposes of the Striders.

SECTION II: All members shall have the right to vote in Striders business proceedings at the general meeting. Members are also eligible to be members of the Board and hold office after being a Striders member for at least six months.

ARTICLE IV MEETINGS

SECTION I: Forty members shall constitute a quorum at general meetings.

SECTION II: A majority of the elected, voting members of the Board shall constitute a quorum for Board meetings.

ARTICLE V THE BOARD OF DIRECTORS

SECTION I: It shall be the duty of the Board to conduct the overall general business of the Striders.

SECTION II: It shall be the duty of the Board to review and act upon proposed amendments to the Constitution and Bylaws prior to general meetings.

SECTION III: It shall be the duty of the Board to review recommendations of the various committees of the Striders, such committees hereinafter described, and to authorize the disbursement of any monies arising from committee activities.

ARTICLE VI DUTIES OF OFFICERS

SECTION I: The President shall:

- a. Preside over Board and general meetings.
- b. Call any special meeting.
- c. Appoint committees and chairpersons thereof, with approval of the Board.
- d. Have the power of executive action, with Executive Board approval, arising in emergencies between meetings and not covered by these Bylaws.

SECTION II: The Vice-President shall:

- a. Assume the powers of the President in his/her absence, and in case of the President's death, resignation or removal from office, shall succeed the President for the unexpired term.
- b. Take on special assignments as requested by the President.

SECTION III: The Secretary shall:

- a. Keep a record of all minutes and transactions of all Board and general meetings.
- b. Be the communication secretary for all business not covered by other Striders officials.
- c. Maintain all minutes and records.

SECTION IV: The Treasurer shall:

- a. Keep all financial books and records and receive and hold all monies of the Striders except as hereinafter provided.
- b. Expend money for the Striders only as herein provided.
- c. Submit an estimated annual budget for the fiscal year.
- d. Make a financial report at each Board and general meeting.
- e. Provide a financial report for publication in the RUNDOWN every month.

ARTICLE VII ELECTION OF THE BOARD OF DIRECTORS

SECTION I: The Board shall consist of 12 members.

SECTION II: There shall be a Nominations Committee reporting to the Board, which will be responsible for nominating a list of qualified candidates. The Nominations Committee shall consist of a maximum of five non-Board members.

SECTION III: The Nominations Committee will give due consideration to all persons nominated for election to the Board and will prepare a slate of candidates. To be a candidate, the person must have been a member of the Striders for at least six months.

SECTION IV: This slate of candidates will be presented to the members at the general meeting prior to the election. Additional candidates may be nominated from the floor at this meeting.

SECTION V: There shall be an election committee reporting to the Board which will be responsible for the election process. The Election Committee shall consist of three non-Board members that did not serve on the Nominations Committee.

SECTION VI: Voting shall be by ballot, which may be submitted by electronic transmission. The elections shall be by plurality vote.

SECTION VII: The election process shall take place during October-December of each year. The tally of votes shall be open to all members.

SECTION VIII: The term of office shall be two years, with six or more new members being elected each year. The term of office will become effective the first Board meeting of the new calendar year.

SECTION IX: Board members may succeed themselves.

SECTION X: A Board vacancy, or vacancies, will be filled by the candidate, or candidates, who received the most votes in the previous Board election but were not elected to the Board. If no candidate or candidates are available, the Board will decide if and how the vacant position is to be filled. These filled positions shall be construed to be elected, voting Board members for the remainder of the vacancy. Vacancies may also be filled after Board elections with candidates not receiving a sufficient number of votes to be elected for a 2-year term.

ARTICLE VIII ELECTION OF OFFICERS

SECTION I: The election of the President, Vice--President, Secretary and Treasurer shall be conducted at the first meeting of the newly elected Board and will follow procedures generated by the Board at that meeting.

SECTION XI: Club officers may succeed themselves.

ARTICLE IX COMMITTEES

SECTION I: There may be standing committees and President's committees. All standing committees shall have a written set of Policies and Procedures that have been approved by the Board. These Policies and Procedures shall be amended/approved as necessary and shall be reapproved in a time frame not to exceed five years from the date of last approval.

SECTION II: The standing committees shall be:

- a. Advisory
- b. Audit
- c. Awards
- d. Banquet
- e. Budget
- f. Constitution and Bylaws
- g. Election
- h. Grand Prix
- i. Hall of Fame
- j. History
- k. Marketplace
- l. Media
- m. Membership
- n. Multisport
- o. Nominations
- p. Program
- q. Race
- r. Scholarship
- s. Team
- t. Volunteer
- u. Walking
- v. Youth

SECTION III: The President's committees shall be appointed ad hoc committees when deemed necessary and approved by the Board.

SECTION IV: The President shall appoint all chairpersons with approval of the Board. The chairperson of standing committees should be an elected Board member, but if not, shall be a nonvoting ex--officio member of the Board for the term of the chairpersonship. The committee chairperson shall be responsible for selecting members to serve on that respective committee.

SECTION V: The duties of the Advisory Committee shall be:

- a. To provide medical counsel relative to the conduct of Striders activities.
- b. To provide legal counsel relative to the conduct of Striders activities.

SECTION VI: The duties of the Audit Committee shall be:

- a. To provide general surveillance of Striders finances.
- b. To prepare an annual audit of Striders financial transactions.

SECTION VII: The duties of the Awards Committee shall be:

- a. To select and secure special awards for Striders events.

SECTION VIII: The duties of the Banquet Committee shall be:

- a. To coordinate and plan the annual awards banquet.
- b. To coordinate and plan the volunteer appreciation banquet.
- c. To coordinate and plan other banquets which may be approved by the Board.

SECTION IX: The duties of the Budget Committee, which shall be chaired by the Treasurer, shall be:

- a. To develop an annual budget for approval by the Board.
- b. To solicit input from the various committees relative to their financial needs for the forthcoming fiscal year.

SECTION X: The duties of the Constitution and Bylaws Committee shall be:

- a. To review the Constitution and Bylaws at least annually or more frequently as business merits.
- b. To incorporate amendments into the Constitution and Bylaws as approved by the Board and general membership.
- c. To update policies and procedures as approved by the Board.

SECTION XI: The duties of the Election Committee shall be:

- a. To conduct the election process.

SECTION XII: The duties of the Grand Prix Committee shall be:

- a. To develop a series of races to be called the Tidewater Striders Grand Prix Series.
- b. To select and secure special awards for Grand Prix Series winners.
- c. To provide statistics to the newsletter quarterly.
- d. To promote the series and encourage participation.

SECTION XIII: The duties of the Hall of Fame Committee shall be:

- a. To choose, from a list of nominees, those individuals to be inducted into the Tidewater Striders Hall of Fame

SECTION XIV: SECTION XIV: The duties of the History Committee shall be:

- a. To maintain the current history of the Tidewater Striders as it develops.

SECTION XV: The duties of the Marketplace Committee shall be:

- a. To obtain sportswear and other associated items with the Tidewater Striders logo.
- b. To provide Tidewater Striders sportswear and other items for sale to members and other interested personnel.

SECTION XVI: The duties of the Membership Committee shall be:

- a. To maintain the membership files.
- b. To coordinate the recruitment of new members.
- c. To collect dues.
- d. To process new member and renewal applications.

SECTION XVII: The duties of the Nominations Committee shall be:

- a. To develop a list of candidates for election to the Board.
- b. To obtain a profile of each candidate for publication in the RUNDOWN at least one month prior to the election

SECTION XVIII: The duties of the Program Committee shall be:

- a. To poll the membership relative to their interests and program ideas.
- b. To design the non-business portion of the general meetings.

SECTION XIX: The duties of the Media Committee shall be:

- a. To promote Striders activities through active contacts with the news media.
- b. To be actively involved in fund raising, coordinating activities with other committees.
- c. To distribute flyers of Striders events.
- d. To act as the Tidewater Striders spokesperson in the absence of the President or Vice-President, or on behalf of the Striders with approval of the President.
- e. To submit results of Striders activities to various media outlets as warranted.
- f. To publish the RUNDOWN.
- g. To edit submitted material for proper grammatical form and style. All official publications of the Striders shall be reviewed prior to publication and distribution.
- h. To coordinate with other committees in soliciting paid advertisements.
- i. To recommend advertising policies and procedures to the Board.

SECTION XX: The duties of the Race Committee shall be:

- a. To develop an annual race schedule.

b. To ensure that all races adhere to Striders policies and procedures relative to current concepts of safe and legal conduct including, but not limited to medical coverage, insurance, course verification / measurement, awards, course safety, and proper timing.

SECTION XXI: The duties of the Scholarship Committee shall be:

- a. To sponsor events designed specifically to raise funds for Striders---sponsored college and university scholarships.
- b. To recommend to the Board candidates who meet established criteria for Striders scholarships.

SECTION XXII: The duties of the Team Committee shall be:

- a. To coordinate the organization of Striders teams for USATF and other competition.
- b. To coordinate transportation to distant races.
- c. To recommend to the Board payment of expenses to team members representing the Striders in special races.

SECTION XXIII: The duties of the Triathlon Committee shall be:

- a. To promote multisport training.
- b. To act as a liaison to the local triathlons and biathlons.
- c. To provide multisport information.

SECTION XXIV: The duties of the Volunteer Committee shall be:

- a. To obtain necessary volunteers for Tidewater Striders hosted events.
- b. To routinely publicize volunteer opportunities within the club.

SECTION XXV: The duties of the Walking Committee shall be:

- a. To promote and encourage walking, including race walking and walking for fitness, through educational and charitable means.

SECTION XXVI: The duties of the Web Site Committee shall be:

- a. To maintain the club web site under the domain name tidewaterstriders.com.
- b. To edit and format submitted material for web site publication.

SECTION XXVII: The duties of the Youth Committee shall be:

- a. To promote youth running programs.
- b. To raise funds for youth running programs.
- c. To promote and sponsor youth running competition.

ARTICLE X DUES AND FINANCES

SECTION I: The dues for Adult members, Family members, and Youth members shall be established by the Board of Directors.

SECTION II: There shall be no dues for Complimentary and lifetime Golden Runner members.

SECTION III: The fiscal year shall be from January 1 to December 31.

ARTICLE XI RULES OF ORDER

SECTION I: Questions of procedure not covered by this Constitution and Bylaws shall be decided according to the latest edition of Roberts Rules of Order, newly revised.

SECTION II: The President shall appoint a qualified parliamentarian who shall advise the President on proper parliamentary procedure at meetings.

ARTICLE XII AMENDMENTS TO THE BYLAWS

SECTION I: Amendments to the Bylaws may be proposed at any time by a member of the Striders. All proposed amendments must be approved by a majority vote of the Board. Proposed amendments which have been approved by the Board shall be referred to the general membership for approval. The proposed amendment will be presented to the membership via the RUNDOWN for the immediate two issues prior to the scheduled vote at the subsequent general meeting. A two-thirds majority of the votes cast at the general meeting shall be necessary for final adoption of the amendments.

ADOPTED: NOVEMBER 16, 1992; LAST AMENDED