

Tidewater Striders Board of Directors

Meeting Minutes

Date: March 2, 2020

Call to Order: At 6:30 pm, President Thomas Hicks called the Striders Board of Directors meeting to order.

Location: Running Etc.- Regency Hilltop Shopping Center, Virginia Beach
 Running Etc.- 1707 Colley Ave, Norfolk

The following Board members were in attendance:

<input checked="" type="checkbox"/> Steve Armitage	<input checked="" type="checkbox"/> Marie Price	<input checked="" type="checkbox"/> Randy Cook	<input checked="" type="checkbox"/> Kimberly Borges
<input checked="" type="checkbox"/> Jim Martin	<input checked="" type="checkbox"/> Andrew Hoffer	<input checked="" type="checkbox"/> Tim Robinson	<input checked="" type="checkbox"/> Peter Pommerenk
<input checked="" type="checkbox"/> Bunny May	<input checked="" type="checkbox"/> Thomas Hicks	<input checked="" type="checkbox"/> Tim Westfall	<input checked="" type="checkbox"/> William Tallent

Guests: none

President's Report: (Thomas Hicks):

- Thomas moved to approve the minutes of the February 3, 2020 meeting. The motion was seconded and unanimously approved.
- The Board took action without a meeting to approve a motion to reimburse Rob Levinsky and Jim Dare for attending the 62nd RRCA National Convention in Portland, Oregon, including conference fee, airfare and lodging. The two attendees will represent the club at the late Bee McLeod's induction into the RRCA Hall of Fame. The directors consented to the action unanimously via electronic transmission, which was recorded by the Secretary on February 16, 2020.
- Thomas reported that the Striders Distance Series 20-miler was well attended despite other races on the same or next day. The Distance Series used to be advertised as a tune-up for the Shamrock Marathon; this practice should be resumed.
- Thomas needs more help for the Saturday meetups for raffles, etc. A director for the Summer Series is still needed. Kim Moore and Steve Armitage are considering teaming up for the task.
- Thomas announced that there will be a meeting with the Colonial Road Runners and the Peninsula Track club to coordinate races and the Super Grand Prix. The meeting will be held on Monday, March 9, 7 pm at Oozlefinch Brewery.
- Thomas asked Board members to volunteer for the Striders booth and for the 8k water station on Shamrock Marathon weekend. Contact Jean Phelan to sign up for the Striders booth. Virginia Davis handles the water station.
- New mile markers arrived; one was shown at the Distance Series 12/20-miler.
- There will be a Tidewater Striders Adopt-a-Highway event on March 15 (Shore Drive @ Fort Story West Entrance).
- Thomas was asking for a recommendation for a graphics artist to create designs for race posters, etc.
- Thomas moved to offer a member-only, calendar year race bundle (see attachment) similar to the former Golden Runner offering starting on January 1, 2021. The bundle will include 10 Striders races (not including the Seashore 50k) and cost \$195. Lifetime Golden Runner members will receive the bundle for free. The race bundle will be managed within RunSignup and will not create any administrative burden for the race directors. The motion was seconded and unanimously approved.

Vice President's Report: (Randy Cook) – The Board approved the revisions to the bylaws (attached) to be published and put up for vote at the next general membership meeting.

Treasurer's Report: (Tim Robinson) – Tim presented the club's financial reports through 2/29/2020 (see attachments).

Committee Reports:

Advisory: (Sam Wittenberg) – No report.

Audit: (Tim Westfall) – Received data from Dan Edwards and will work with the Treasure to obtain a 3-month packet for audit.

Awards: (Marie Price) – No report.

Banquet: (Randy Cook) – Banquet venue for next year has been reserved.

Budget: (Tim Robinson) – Board discussed budgeting for annual RRCA Convention attendance; will talk to this year's attendees if there is a benefit to the club.

Constitution & Bylaws: (Randy Cook) – Thomas appointed Peter as the new Constitution & Bylaws committee chair. The committee is also responsible for updating the club's policies and procedures.

Elections: (Lori Sherwood) – No report.

Grand Prix: (Stacin Martin) – No report.

Grand Prix Multisport: (Bob Boyce) – The Robious Landing Sprint Triathlon originally scheduled for 26 June was moved to 30 August to avoid a conflict with another race. This new date is still compatible with the overall schedule. Motion: Change Grand Prix Multisport/Triathlon schedule to reflect the new date for the Robious Landing Sprint Triathlon. Motion was seconded and unanimously approved.

Grand Prix Walking: (Bunny May) – There is no separate Walking Grand Prix in 2020.

Grand Prix Youth/Youth Program: (Steve Sheppard/Angelo Celesia) – Angelo reported: "New Energy begins the week of March 9th. We will start the season with about 100+ runners, on par with previous years. This number grows as soon as Shamrock is over (final Mile race). Our lead coaches have been reaching out to their local areas (demographics) to supplement our overall marketing efforts. We have added some new coaches and right now appear to be pretty good with coaching needs. We will update this once everyone gets out there and gives feedback to Shepp."

Hall of Fame: (Randy Cook) – No report; nominations are due November 1st.

History: (Randy Cook) – Club history is updated.

Marketplace: (William Tallent) – Reported that sales are doing well. Sold a lot of hoodies; beanies are sold out. Will order more hats and visors. Will look into getting jog bras.

Media: (Jean Phelan/Jim Martin) – Jim reported that Facebook followers increased by 55, Instagram followers increased by 36 and Twitter followers decreased by 3. Andrew Hoffer reported on the Striders Podcast. The podcast is available on iTunes and Spotify. Episode 1 with Thomas Hicks was recently released, and Episode 2 with Randy Cook will soon be available.

Membership: (Bob Brunner) – Tidewater Striders membership ended February with 1,802 members compared to 1,767 members one year ago and 1,804 members one month ago. There were 37 transactions in the month of February involving 70 Striders members.

Nominations: (Rich Hildreth/Jean Phelan) – No report.

Policies and Procedures: (Peter Pommerenk) – See Bylaws & Constitution.

Programs: (Kim Borges) – Working on additional programs for Saturday meetups. Also plans on a women’s event.

Race: (Dan Edwards/Thomas Hicks/Rick Brown/Bunny May) – Thomas spoke about his ongoing efforts to advertise the ERR and sponsorships for next year’s race in Norfolk. Bunny reported that there will be walking officials at ERR. The recent Love Run 5k went well. Next race coming up is the Bunny Hop 5k in Portsmouth. Bunny reported that the USATF master championships will take place on Sunday, March 8 in Hampton, VA.

Scholarship/Campership: (Dan Edwards/Jim Dare) – No report.

Teams: (Thomas Hicks) – Putting teams together for the Boston Marathon.

Volunteer: (Marie Price) – No report.

Walking: (Bunny May) – Bunny mentioned that the outdoor track at the Aviation Institute of Maintenance on East Little Creek Road in Norfolk (formerly Little Creek Elementary School) is available for use by walkers, but it may have to give way to additional parking lots. The tenant is revitalizing the gym in the building and may offer it up for use. Bunny reported that the Virginia Senior Games may add power walking to the competition next year.

Website: (Jim Martin) – Renewed subscription for website hosting.

Old Business:

- Thomas is working with Rick Brown and Dan Edwards on replacing the equipment van.
- Board discussed venue for future meetings. Running Etc. will continue to be used; some extended meetings may be held at a Board members residence.

New Business:

- The Board started a discussion on paid positions and rewards for volunteers. No decisions were made. Further discussion was postponed to the next meeting.

Next meeting: April 6, 2020, 6:30 PM at the NORFOLK Running Etc. (1707 Colley Ave)

Adjournment: The meeting was adjourned at **8:00 PM**.

Minutes prepared by: Peter Pommerenk

Minutes approved: April 6, 2020

Tidewater Striders
Profit & Loss
 January through February 2020

	Jan - Feb 20	Jan - Feb 19	\$ Change
Ordinary Income/Expense			
Income			
Awards Banquet Revenue	2,351.00	2,053.50	297.50
Club Race Reven			
1-1 Resolution 5K	10,595.70	8,344.54	2,251.16
Eliz River Run	2,071.00	252.00	1,819.00
T S Dist Ser Re	21,104.65	18,720.97	2,383.68
Total Club Race Reven	33,771.35	27,317.51	6,453.84
Exec Race Comm	0.00	694.00	-694.00
Interest Income	0.06	0.03	0.03
Market Place	10.00	0.00	10.00
Membership Rev	2,264.87	3,197.00	-932.13
Scholarship Donation Genl&Mem			
Scholarship General Donations	25.00	10.00	15.00
Total Scholarship Donation Genl&Mem	25.00	10.00	15.00
Youth Revenue			
Uniforms - Youth	177.00	76.48	100.52
Total Youth Revenue	177.00	76.48	100.52
Total Income	38,599.28	33,348.52	5,250.76
Expense			
Awards	2,757.79	2,036.77	721.02
Banquet Expense	9,870.05	9,343.18	526.87
Club Race Expenses			
1-1 5K	6,578.77	4,766.48	1,812.29
Eliz River Run	100.00	0.00	100.00
T S Dist Series	8,965.29	14,322.71	-5,357.42
Total Club Race Expenses	15,644.06	19,089.19	-3,445.13
Community Svc	128.50	56.56	71.94
ERC-Van & Trail	780.60	59.22	721.38
ERC Race Oper's	765.48	707.68	57.80
General Ops			
Website Expense	1,000.00	1,200.00	-200.00
General Ops - Other	300.00	0.00	300.00
Total General Ops	1,300.00	1,200.00	100.00
Market PI Exp	11.00	11.00	0.00
Membership Exp	0.00	373.90	-373.90
Newsletter Exp	1,200.00	1,000.00	200.00
President	2,134.56	0.00	2,134.56
Treasurer	49.50	2.20	47.30
Volunter Comm	58.26	0.00	58.26
Walkers	318.00	0.00	318.00
Youth Devel.			
Prof Dev & Bkgrd Ck's	60.00	294.00	-234.00
Youth Coaching	300.00	600.00	-300.00
Youth Uniforms	17.65	0.00	17.65
Youth Devel. - Other	475.00	950.00	-475.00
Total Youth Devel.	852.65	1,844.00	-991.35
Total Expense	35,870.45	35,723.70	146.75
Net Ordinary Income	2,728.83	-2,375.18	5,104.01
Net Income	2,728.83	-2,375.18	5,104.01

Tidewater Striders
Transaction Detail By Account
 January through February 2020

Date	Name	Memo	Debit	Credit	Balance
Awards Banquet Revenue					
01/08/2020	RunSignUp.com	Deposit		613.00	613.00
01/15/2020	RunSignUp.com	Deposit		143.00	756.00
01/21/2020	RunSignUp.com	Deposit		250.00	1,006.00
01/29/2020	RunSignUp.com	Deposit		415.00	1,421.00
02/02/2020		Deposit		625.00	2,046.00
02/04/2020	RunSignUp.com	Deposit		305.00	2,351.00
Total Awards Banquet Revenue			0.00	2,351.00	2,351.00
Club Race Reven					
1-1 Resolution 5K					
01/01/2020	Square	Deposit		553.38	553.38
01/01/2020		Reverse of GJE -- A...		9,401.10	9,954.48
01/02/2020	Square	Deposit		466.22	10,420.70
01/08/2020	RunSignUp.com	Deposit		175.00	10,595.70
Total 1-1 Resolution 5K			0.00	10,595.70	10,595.70
Eliz River Run					
01/08/2020	RunSignUp.com	Deposit		230.00	230.00
01/21/2020	RunSignUp.com	Deposit		125.00	355.00
01/29/2020	RunSignUp.com	Deposit		445.00	800.00
02/04/2020	RunSignUp.com	Deposit		340.00	1,140.00
02/11/2020	RunSignUp.com	Deposit		451.00	1,591.00
02/18/2020	RunSignUp.com	Deposit		315.00	1,906.00
02/25/2020	RunSignUp.com	Deposit		165.00	2,071.00
Total Eliz River Run			0.00	2,071.00	2,071.00
T S Dist Ser Re					
01/01/2020		Accrue 2020 Race		12,327.00	12,327.00
01/08/2020	RunSignUp.com	Deposit		2,624.00	14,951.00
01/13/2020	Square	Deposit		252.74	15,203.74
01/13/2020	Square	Deposit		344.28	15,548.02
01/15/2020	RunSignUp.com	Deposit		1,796.00	17,344.02
01/15/2020	RunSignUp.com	Deposit		139.73	17,483.75
01/16/2020		Deposit		173.08	17,656.83
01/21/2020	RunSignUp.com	Deposit		460.00	18,116.83
01/29/2020	RunSignUp.com	Deposit		1,140.00	19,256.83
02/02/2020		Deposit		315.00	19,571.83
02/03/2020	Square	Deposit		145.60	19,717.43
02/03/2020	Square	Deposit		87.36	19,804.79
02/04/2020	RunSignUp.com	Deposit		281.00	20,085.79
02/06/2020	RunSignUp.com	Deposit		253.45	20,339.24
02/11/2020	RunSignUp.com	Deposit		85.00	20,424.24
02/12/2020	RunSignUp.com	Deposit		175.41	20,599.65
02/18/2020	RunSignUp.com	Deposit		80.00	20,679.65
02/25/2020	RunSignUp.com	Deposit		425.00	21,104.65
Total T S Dist Ser Re			0.00	21,104.65	21,104.65
Total Club Race Reven			0.00	33,771.35	33,771.35
Interest Income					
01/31/2020		Interest		0.06	0.06
Total Interest Income			0.00	0.06	0.06
Market Place					
01/13/2020	Square	Deposit		10.00	10.00
Total Market Place			0.00	10.00	10.00

Tidewater Striders
Transaction Detail By Account
 January through February 2020

Date	Name	Memo	Debit	Credit	Balance
Membership Rev					
01/08/2020	RunSignUp.com	Deposit		382.30	382.30
01/15/2020	RunSignUp.com	Deposit		261.50	643.80
01/21/2020	RunSignUp.com	Deposit		523.60	1,167.40
01/29/2020	RunSignUp.com	Deposit		245.50	1,412.90
02/02/2020		Deposit		30.00	1,442.90
02/04/2020	RunSignUp.com	Deposit		363.48	1,806.38
02/11/2020	RunSignUp.com	Deposit		173.50	1,979.88
02/18/2020	RunSignUp.com	Deposit		132.80	2,112.68
02/25/2020	RunSignUp.com	Deposit		152.19	2,264.87
Total Membership Rev			0.00	2,264.87	2,264.87
Scholarship Donation Genl&Mem					
Scholarship General Donations					
02/02/2020		Deposit		25.00	25.00
Total Scholarship General Donations			0.00	25.00	25.00
Total Scholarship Donation Genl&Mem			0.00	25.00	25.00
Youth Revenue					
Uniforms - Youth					
01/15/2020	RunSignUp.com	Deposit		42.50	42.50
01/21/2020	RunSignUp.com	Deposit		35.00	77.50
01/29/2020	RunSignUp.com	Deposit		34.50	112.00
02/04/2020	RunSignUp.com	Deposit		30.00	142.00
02/11/2020	RunSignUp.com	Deposit		17.50	159.50
02/18/2020	RunSignUp.com	Deposit		17.50	177.00
Total Uniforms - Youth			0.00	177.00	177.00
Total Youth Revenue			0.00	177.00	177.00
Awards					
01/13/2020	G & W	awards	494.85		-494.85
01/15/2020	G & W	awards	16.50		-511.35
01/23/2020	Chase Visa	Medal Holders Banq...	1,739.99		-2,251.34
01/29/2020	Chase Visa	G&W Awards Invoice...	506.45		-2,757.79
Total Awards			2,757.79	0.00	-2,757.79
Banquet Expense					
01/09/2020	Norfolk Yacht & Cou...	Awards Banquet	1,500.00		-1,500.00
01/15/2020	Astro Enterprises Inc	DJ	175.00		-1,675.00
02/01/2020	Norfolk Yacht & Cou...	Awards Banquet	7,920.05		-9,595.05
02/02/2020	Cliff Blaisdell	Photographer	100.00		-9,695.05
02/25/2020	Astro Enterprises Inc	Deposit for 2021 DJ f...	175.00		-9,870.05
Total Banquet Expense			9,870.05	0.00	-9,870.05
Club Race Expenses					
1-1 5K					
01/01/2020	Chase Visa	Race Pary Murphy's ...	3,503.13		-3,503.13
01/01/2020		Accrue 2020 Race	2,560.00		-6,063.13
01/02/2020	Cox High School Cr...	Race Support	300.00		-6,363.13
01/06/2020	Chase Visa	Crown Awards	215.64		-6,578.77
Total 1-1 5K			6,578.77	0.00	-6,578.77
Eliz River Run					
01/23/2020	City of Portsmouth	Permit	100.00		-100.00
Total Eliz River Run			100.00	0.00	-100.00

Tidewater Striders

Transaction Detail By Account

January through February 2020

Date	Name	Memo	Debit	Credit	Balance
T S Dist Series					
01/01/2020		Accrue 2020 Race	4,333.55		-4,333.55
01/06/2020	Chase Visa	City of Chesapeake -...	225.00		-4,558.55
01/10/2020	Timothy Robinson	Change Fund	100.00		-4,658.55
01/16/2020	Chase Visa	Big Woody's DS Rac...	1,589.84		-6,248.39
01/21/2020	Steve Shapiro	Doughnuts	112.50		-6,360.89
01/21/2020	Steve Shapiro	Porta Johns Distanc...	254.40		-6,615.29
01/31/2020	Paradise Ocean Club	After party DS #2	200.00		-6,815.29
02/01/2020	Paradise Ocean Club	After party DS #2	2,000.00		-8,815.29
02/06/2020	Penninsula Bicycling...	Bicycle support DS 2	150.00		-8,965.29
Total T S Dist Series			8,965.29	0.00	-8,965.29
Total Club Race Expenses			15,644.06	0.00	-15,644.06
Community Svc					
01/10/2020	Richard M. Hildreth	Adopt a Highway Jan	128.50		-128.50
Total Community Svc			128.50	0.00	-128.50
ERC-Van & Trail					
01/15/2020	Richard Brown	Gas	76.00		-76.00
02/01/2020	Richard Brown	Garage Rent	300.00		-376.00
02/02/2020	Richard Brown	Elect	49.68		-425.68
02/27/2020	Richard Brown	Elect	54.92		-480.60
02/28/2020	Richard Brown	Monlhly Rent	300.00		-780.60
Total ERC-Van & Trail			780.60	0.00	-780.60
ERC Race Oper's					
01/02/2020	Richard Brown	Garage Rent	300.00		-300.00
01/15/2020	Richard Brown	Electricity	49.17		-349.17
01/15/2020	Richard Brown	Office supplies	49.60		-398.77
01/21/2020	PTC - Peninsula Tra...	Super GP Banners	250.47		-649.24
02/22/2020	Chase Visa	Postage	5.50		-654.74
02/27/2020	Richard Brown	Labels and Ink	110.74		-765.48
Total ERC Race Oper's			765.48	0.00	-765.48
General Ops					
Website Expense					
01/02/2020	James Martin	Monthly Website Fee	500.00		-500.00
02/01/2020	James Martin	Monthly Website Fee	500.00		-1,000.00
Total Website Expense			1,000.00	0.00	-1,000.00
General Ops - Other					
02/02/2020	Lori Sherwood	Stipend for scanning ...	300.00		-300.00
Total General Ops - Other			300.00	0.00	-300.00
Total General Ops			1,300.00	0.00	-1,300.00
Market PI Exp					
01/15/2020	Virgina Department ...	Sales Tax Jul-Oct on...	11.00		-11.00
Total Market PI Exp			11.00	0.00	-11.00
Newsletter Exp					
01/01/2020	Jean Phelan	Newsletter	600.00		-600.00
02/01/2020	Jean Phelan	Newsletter	600.00		-1,200.00
Total Newsletter Exp			1,200.00	0.00	-1,200.00
President					
02/25/2020	Robert Levinsky	RRCA Convetion	1,160.28		-1,160.28
02/25/2020	James Dare	RRCA CONVENTION	974.28		-2,134.56
Total President			2,134.56	0.00	-2,134.56

Tidewater Striders
Transaction Detail By Account
 January through February 2020

<u>Date</u>	<u>Name</u>	<u>Memo</u>	<u>Debit</u>	<u>Credit</u>	<u>Balance</u>
Treasurer					
01/23/2020	Chase Visa	Stamps	49.50		-49.50
	Total Treasurer		49.50	0.00	-49.50
Volunter Comm					
01/09/2020	Marie Price	Reimburse printing c...	58.26		-58.26
	Total Volunter Comm		58.26	0.00	-58.26
Walkers					
01/02/2020	Leon Estes	Walking Promotion S...	318.00		-318.00
	Total Walkers		318.00	0.00	-318.00
Youth Devel.					
Prof Dev & Bkgrd Ck's					
02/02/2020	Amber Conrad	Background Check	30.00		-30.00
02/02/2020	Mariah Ayala	Background Check R...	30.00		-60.00
	Total Prof Dev & Bkgrd Ck's		60.00	0.00	-60.00
Youth Coaching					
02/01/2020	Steve Sheppard	Monthly	300.00		-300.00
	Total Youth Coaching		300.00	0.00	-300.00
Youth Uniforms					
01/29/2020	Virginia Department ...	Sale Tax related to s...	7.64		-7.64
02/22/2020	Virginia Department ...	Sale Tax related to s...	10.01		-17.65
	Total Youth Uniforms		17.65	0.00	-17.65
Youth Devel. - Other					
01/31/2020	Chase Visa	Angelo	475.00		-475.00
	Total Youth Devel. - Other		475.00	0.00	-475.00
	Total Youth Devel.		852.65	0.00	-852.65
TOTAL			35,870.45	38,599.28	2,728.83

Tidewater Striders
Balance Sheet Prev Year Comparison
As of February 29, 2020

	Feb 29, 20	Feb 28, 19	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
Operating Funds			
Bk of Amer Ckg	8,176.87	4,936.17	3,240.70
Towne Bank Cking	5,846.16	2,250.81	3,595.35
Towne Bank np CD 1.6% Due 11-20	102,248.72	100,000.00	2,248.72
Union Bank 0.65% Money Market	31,596.23	45,290.30	-13,694.07
Total Operating Funds	147,867.98	152,477.28	-4,609.30
Scholarship Restricted Funds			
MM Restrictd Funds	50,000.00	0.00	50,000.00
TowneCD 1.5% 04/14/20 GenISchol	82,248.72	81,120.00	1,128.72
TowneCD 1.5% 04/14/20 PSE MemSc	51,766.33	50,700.00	1,066.33
Xenith 1.34CD 4/14/19 TomBashM	0.00	50,508.36	-50,508.36
Xenith 1.5 CD 7/14/20 MeIWmM	22,559.39	22,559.39	0.00
Total Scholarship Restricted Funds	206,574.44	204,887.75	1,686.69
Total Checking/Savings	354,442.42	357,365.03	-2,922.61
Other Current Assets			
Inventory	3,597.55	0.00	3,597.55
Total Other Current Assets	3,597.55	0.00	3,597.55
Total Current Assets	358,039.97	357,365.03	674.94
Fixed Assets			
Accumulated Depreciation	-69,443.00	-69,443.00	0.00
Equipment	77,552.81	75,313.25	2,239.56
Total Fixed Assets	8,109.81	5,870.25	2,239.56
TOTAL ASSETS	366,149.78	363,235.28	2,914.50
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
Accounts Payable	11,460.12	5,310.06	6,150.06
Total Accounts Payable	11,460.12	5,310.06	6,150.06
Total Current Liabilities	11,460.12	5,310.06	6,150.06
Total Liabilities	11,460.12	5,310.06	6,150.06
Equity			
Retained Earnings	351,960.83	360,300.40	-8,339.57
Net Income	2,728.83	-2,375.18	5,104.01
Total Equity	354,689.66	357,925.22	-3,235.56
TOTAL LIABILITIES & EQUITY	366,149.78	363,235.28	2,914.50

Tidewater Striders
Race Comparison
2019 vs 2018

Races	2019			2018		
	Income	Expense	Profit/(Loss)	Income	Expense	Profit/(Loss)
1-1 Resolution 5K	8,344.54	4,766.48	3,578.06	6,839.11	3,004.08	3,835.03
10-Miler Entries	4,839.72	4,515.96	323.76	4,813.59	3,379.38	1,434.21
50K Trail Ultra	24,293.73	17,584.66	6,709.07	25,485.00	20,755.64	4,729.36
Eliz River Run	22,214.75	16,877.54	5,337.21	20,982.46	15,432.12	5,550.34
Memorial Schol Race Revenue	16,534.66	3,165.66	13,369.00	15,227.57	3,396.00	11,831.57
NBG Sum Series	431.77	5,637.94	(5,206.17)	1,101.38	4,050.94	(2,949.56)
Strider Mile 1500M RW	1,879.95	2,258.62	(378.67)	727.50	887.90	(160.40)
T S Dist Ser Re	19,162.97	15,608.61	3,554.36	19,465.13	17,166.89	2,298.24
Turkey Trot Revenue	54,486.52	32,451.48	22,035.04	47,213.64	27,043.52	20,170.12
XC Classic	3,027.90	2,298.53	729.37	0.00	0.00	0.00
	<u>155,216.51</u>	<u>105,165.48</u>	<u>50,051.03</u>	<u>141,855.38</u>	<u>95,116.47</u>	<u>46,738.91</u>



STRIDER +

Resolution 5k

Distance series

6/10 10/15 12/20

ERR 10K

Mel Williams 5K

Strider Mile

Strider 10miler

Turkey Trot 10k

XC Classic

- Starting Jan 2021, 10 Races total, amount for all races with strider \$5.00 discount is \$230, Strider plus will allow you to sign up for all 10 races with a discount price of \$195.00. runners will also save the \$2.50 charge each time they sign up for race, only \$2.50 charge will be when signing up for Strider plus, so club members save even more money.

*Angelo and Thomas will set up Runsign up so all members can sign up for this program starting in September, Angelo and Thomas will monitor and set up all Strider plus members so they will be automatically added to all our races, Races Directors do not have to do anything.

*All lifetime Golden Runners that we still have will be added to the Strider plus membership and there will be no Golden runner anymore.

*This program is for Strider members only, if you will like to sign up for Strider plus you must be a member.

**TIDEWATER STRIDERS
BYLAWS**

ARTICLE I INCORPORATION

SECTION I: The Striders shall be incorporated as a nonstock corporation under the provision of Chapter 10 of title 13.1, Code of Virginia.

SECTION II: The name of the corporation shall be the Tidewater Striders Track Club.

SECTION III: The corporation shall be operated exclusively for education and charitable purposes as specified in Section 501(c)(3) of the Internal Revenue Code.

ARTICLE II PURPOSES

SECTION I: In furtherance of the stated purposes, the Striders may do the following:

- a. hold races
- b. hold championships
- c. hold social events
- d. hold educational lectures
- e. provide scholarship funds
- f. publish newsletters
- g. make various awards
- h. undertake other such functions in order to promote running, track and field events, walking, and triathlons.

ARTICLE III MEMBERSHIP

SECTION I: Membership classes in the Striders shall be sub-classified as Adult, Youth, Family, Golden Runner, and Complimentary.

- a. The only requirement for Active or Family membership is payment of dues.
- b. Youth membership shall consist of individuals 18 years of age and younger.
- c. All past presidents completing a 2-year term of service before July 1, 2018 will be awarded a lifetime Golden Runner membership. All members of the Board completing two full, consecutive 2-year terms before July 1, 2018 are granted lifetime Golden Runner membership. Golden Runner members are entitled to free admission to all Striders races.
- d. At the discretion of the Board, a complimentary membership may be provided to various individuals, organizations, or commercial enterprises to help promote the purposes of the Striders.

SECTION II: All members shall have the right to vote in Striders business proceedings at the general meeting. Members are also eligible to be members of the Board and hold office after being a Striders member for at least six months.

ARTICLE IV MEETINGS

SECTION I: Forty members shall constitute a quorum at general meetings.

SECTION II: A majority of the elected, voting members of the Board shall constitute a quorum for Board meetings.

ARTICLE V THE BOARD OF DIRECTORS

SECTION I: It shall be the duty of the Board to conduct the overall general business of the Striders.

SECTION II: It shall be the duty of the Board to review and act upon proposed amendments to the Constitution and Bylaws prior to general meetings.

SECTION III: It shall be the duty of the Board to review recommendations of the various committees of the Striders, such committees hereinafter described, and to authorize the disbursement of any monies arising from committee activities.

ARTICLE VI DUTIES OF OFFICERS

SECTION I: The President shall:

- a. Preside over Board and general meetings.
- b. Call any special meeting.

- c. Appoint committees and chairpersons thereof, with approval of the Board.
- d. Have the power of executive action, with Executive Board approval, arising in emergencies between meetings and not covered by these Bylaws.

SECTION II: The Vice-President shall:

- a. Assume the powers of the President in his/her absence, and in case of the President's death, resignation or removal from office, shall succeed the President for the unexpired term.
- b. Take on special assignments as requested by the President.

SECTION III: The Secretary shall:

- a. Keep a record of all minutes and transactions of all Board and general meetings.
- b. Be the communication secretary for all business not covered by other Striders officials.
- c. Maintain all minutes and records.

SECTION IV: The Treasurer shall:

- a. Keep all financial books and records and receive and hold all monies of the Striders except as hereinafter provided.
- b. Expend money for the Striders only as herein provided.
- c. Submit an estimated annual budget for the fiscal year.
- d. Make a financial report at each Board and general meeting.
- e. Provide a financial report for publication in the RUNDOWN every month.

ARTICLE VII ELECTION OF THE BOARD OF DIRECTORS

SECTION I: The Board shall consist of 12 members.

SECTION II: There shall be a Nominations Committee reporting to the Board, which will be responsible for nominating a list of qualified candidates. The Nominations Committee shall consist of a maximum of five non-Board members.

SECTION III: The Nominations Committee will give due consideration to all persons nominated for election to the Board and will prepare a slate of candidates. To be a candidate, the person must have been a member of the Striders for at least six months.

SECTION IV: This slate of candidates will be presented to the members at the general meeting prior to the election. Additional candidates may be nominated from the floor at this meeting.

SECTION V: There shall be an election committee reporting to the Board which will be responsible for the election process. The Election Committee shall consist of three non-Board members that did not serve on the Nominations Committee.

SECTION VI: Voting shall be by ballot, which may be submitted by electronic transmission. The elections shall be by plurality vote.

SECTION VII: The election process shall take place during October-December of each year. The tally of votes shall be open to all members.

SECTION VIII: The term of office shall be two years, with six or more new members being elected each year. The term of office will become effective the first Board meeting of the new calendar year.

SECTION IX: Board members may succeed themselves.

SECTION X: A Board vacancy, or vacancies, will be filled by the candidate, or candidates, who received the most votes in the previous Board election but were not elected to the Board. If no candidate or candidates are available, the Board will decide if and how the vacant position is to be filled. These filled positions shall be construed to be elected, voting Board members for the remainder of the vacancy. Vacancies may also be filled after Board elections with candidates not receiving a sufficient number of votes to be elected for a 2-year term.

ARTICLE VIII ELECTION OF OFFICERS

SECTION I: The election of the President, Vice-President, Secretary and Treasurer shall be conducted at the first meeting of the newly elected Board and will follow procedures generated by the Board at that meeting.

SECTION XI: Club officers may succeed themselves.

ARTICLE IX COMMITTEES

SECTION I: There may be standing committees and President's committees. All standing committees shall have a written set of Policies and Procedures that have been approved by the Board. These Policies and Procedures shall be amended/approved as necessary and shall be reapproved in a time frame not to exceed five years from the date of last approval.

SECTION II: The standing committees shall be:

- a. Advisory
- b. Audit
- c. Awards
- d. Banquet
- e. Budget
- f. Constitution and Bylaws
- g. Election
- h. Grand Prix
- i. Hall of Fame
- j. History
- k. Marketplace
- l. Membership
- m. Nominations
- n. Program
- o. Media
- p. Race
- q. Scholarship
- r. Team
- s. Multisport
- t. Volunteer
- u. Walking
- v. Web Site
- w. Youth

SECTION III: The President's committees shall be appointed ad hoc committees when deemed necessary and approved by the Board.

SECTION IV: The President shall appoint all chairpersons with approval of the Board. The chairperson of standing committees should be an elected Board member, but if not, shall be a nonvoting ex-officio member of the Board for the term of the chairpersonship. The committee chairperson shall be responsible for selecting members to serve on that respective committee.

SECTION V: The duties of the Advisory Committee shall be:

- a. To provide medical counsel relative to the conduct of Striders activities.
- b. To provide legal counsel relative to the conduct of Striders activities.

SECTION VI: The duties of the Audit Committee shall be:

- a. To provide general surveillance of Striders finances.
- b. To prepare an annual audit of Striders financial transactions.

SECTION VII: The duties of the Awards Committee shall be:

- a. To select and secure special awards for Striders events.

SECTION VIII: The duties of the Banquet Committee shall be:

- a. To coordinate and plan the annual awards banquet.
- b. To coordinate and plan the volunteer appreciation banquet.
- c. To coordinate and plan other banquets which may be approved by the Board.

SECTION IX: The duties of the Budget Committee, which shall be chaired by the Treasurer, shall be:

- a. To develop an annual budget for approval by the Board.
- b. To solicit input from the various committees relative to their financial needs for the forthcoming fiscal year.

SECTION X: The duties of the Constitution and Bylaws Committee shall be:

- a. To review the Constitution and Bylaws at least annually or more frequently as business merits.
- b. To incorporate amendments into the Constitution and Bylaws as approved by the Board and general membership.
- c. To update policies and procedures as approved by the Board.

SECTION XI: The duties of the Election Committee shall be:

- a. To conduct the election process.

SECTION XII: The duties of the Grand Prix Committee shall be:

- a. To develop a series of races to be called the Tidewater Striders Grand Prix Series.
- b. To select and secure special awards for Grand Prix Series winners.
- c. To provide statistics to the newsletter quarterly.
- d. To promote the series and encourage participation.

SECTION XIII: The duties of the Hall of Fame Committee shall be:

- a. To choose, from a list of nominees, those individuals to be inducted into the Tidewater Striders Hall of Fame.

SECTION XIV: SECTION XIV: The duties of the History Committee shall be:

- a. To maintain the current history of the Tidewater Striders as it develops.

SECTION XV: The duties of the Marketplace Committee shall be:

- a. To obtain sportswear and other associated items with the Tidewater Striders logo.
- b. To provide Tidewater Striders sportswear and other items for sale to members and other interested personnel.

SECTION XVI: The duties of the Membership Committee shall be:

- a. To maintain the membership files.
- b. To coordinate the recruitment of new members.
- c. To collect dues.
- d. To process new member and renewal applications.

SECTION XVII: The duties of the Nominations Committee shall be:

- a. To develop a list of candidates for election to the Board.
- b. To obtain a profile of each candidate for publication in the RUNDOWN at least one month prior to the election.

SECTION XVIII: The duties of the Program Committee shall be:

- a. To poll the membership relative to their interests and program ideas.
- b. To design the non-business portion of the general meetings.

SECTION XIX: The duties of the Media Committee shall be:

- a. To promote Striders activities through active contacts with the news media.
- b. To be actively involved in fund raising, coordinating activities with other committees.
- c. To distribute flyers of Striders events.

d. To act as the Tidewater Striders spokesperson in the absence of the President or Vice-President, or on behalf of the Striders with approval of the President.

e. To submit results of Striders activities to various media outlets as warranted.

f. To publish the RUNDOWN.

g. To edit submitted material for proper grammatical form and style. All official publications of the Striders shall be reviewed prior to publication and distribution.

h. To coordinate with other committees in soliciting paid advertisements.

i. To recommend advertising policies and procedures to the Board.

SECTION XX: The duties of the Race Committee shall be:

a. To develop an annual race schedule.

b. To ensure that all races adhere to Striders policies and procedures relative to current concepts of safe and legal conduct including, but not limited to medical coverage, insurance, course verification / measurement, awards, course safety, and proper timing.

SECTION XXI: The duties of the Scholarship Committee shall be:

a. To sponsor events designed specifically to raise funds for Striders---sponsored college and university scholarships.

b. To recommend to the Board candidates who meet established criteria for Striders scholarships.

SECTION XXII: The duties of the Team Committee shall be:

- a. To coordinate the organization of Striders teams for USATF and other competition.
- b. To coordinate transportation to distant races.
- c. To recommend to the Board payment of expenses to team members representing the Striders in special races.

SECTION XXIII: The duties of the Triathlon Committee shall be:

- a. To promote multisport training.
- b. To act as a liaison to the local triathlons and biathlons.
- c. To provide multisport information.

SECTION XXIV: The duties of the Volunteer Committee shall be:

- a. To obtain necessary volunteers for Tidewater Striders hosted events.
- b. To routinely publicize volunteer opportunities within the club.

SECTION XXV: The duties of the Walking Committee shall be:

- a. To promote and encourage walking, including race walking and walking for fitness, through educational and charitable means.

SECTION XXVI: The duties of the Web Site Committee shall be:

- a. To maintain the club web site under the domain name tidewaterstriders.com.
- b. To edit and format submitted material for web site publication.

SECTION XXVII: The duties of the Youth Committee shall be:

- a. To promote youth running programs.
- b. To raise funds for youth running programs.
- c. To promote and sponsor youth running competition.

ARTICLE X DUES AND FINANCES

SECTION I: The dues for Adult members, Family members, and Youth members shall be established by the Board of Directors.

SECTION II: There shall be no dues for Complimentary and lifetime Golden Runner members.

SECTION III: The fiscal year shall be from January 1 to December 31.

ARTICLE XI RULES OF ORDER

SECTION I: Questions of procedure not covered by this Constitution and Bylaws shall be decided according to the latest edition of Roberts Rules of Order, newly revised.

SECTION II: The President shall appoint a qualified parliamentarian who shall advise the President on proper parliamentary procedure at meetings.

ARTICLE XII AMENDMENTS TO THE BYLAWS

SECTION I: Amendments to the Bylaws may be proposed at any time by a member of the Striders. All proposed amendments must be approved by a majority vote of the Board. Proposed amendments which have been approved by the Board shall be referred to the general membership for approval. The proposed amendment will be presented to the membership via the RUNDOWN for the immediate two issues prior to the scheduled vote at the subsequent general meeting. A two-thirds majority of the votes cast at the general meeting shall be necessary for final adoption of the amendments.

ADOPTED: NOVEMBER 16, 1992; LAST AMENDED <INSERT DATE OF GENERAL MEETING>