

Tidewater Striders Board of Directors

Meeting Minutes

Date: January 6th, 2020

Call to Order: At 6:29 pm, Vice President Randy Cook called the Striders Board of Directors meeting to order.

Location: Running Etc.- Regency Hilltop Shopping Center, Virginia Beach

Running Etc.- 1707 Colley Ave, Norfolk

The following Board members were in attendance:

Steve Armitage

Marie Price

Randy Cook

Kimberly Borges

Jim Martin

Andrew Hoffer

Tim Robinson

Peter Pommerenk

Bunny May

Thomas Hicks

Tim Westfall

William Tallent

Guests: Jim Dare

President's Report: (VACANT):

Vice President's Report (Randy Cook):

Randy Cook moved to perform elections of officers and assignment of committee chairs. Thomas Hicks and Randy Cook were nominated for President. Randy Cook declined Tim Westfall's nomination for President. Thomas was elected unanimously by voice vote. There were two nominations for Vice-President: Randy Cook and Jim Martin. The election was conducted by secret ballot and Randy Cook received 6 votes over Jim Martin's 4 votes. Peter Pommerenk was nominated as Secretary and was elected unanimously by voice vote. Tim Robinson was nominated as Treasurer and elected unanimously by voice vote.

The newly elected President, Thomas Hicks, took over the meeting at this time and moved to appoint committee chairs.

The current committee chairs will remain unless otherwise stated as follows: After explaining the responsibilities, Tim Westfall was appointed the Audit Committee chair. Bob Boyce is the new committee chair for Multi-Sport and Multi-Sport Grand Prix. Randy Cook will take over the Hall of Fame Committee. Peter Pommerenk was persuaded to chair the Policies and Procedures Committee. Kimberly Borges will head up the Programs Committee. Bunny May will be added to the Race Committee to represent the walkers' interests.

Treasurer's Report: (Tim Robinson): no report

Committee Reports:

Advisory: (Sam Wittenberg) – No report

Audit: (Tim Westfall) – No report. The President emphasized that an audit report is needed soon because none was conducted in 2019.

Awards: (Marie Price) – Stated that changes to policies and procedures are needed. After a brief discussion, Marie moved to modify each policy addendum to state that award recipients will also receive a complimentary invitation to the annual banquet for a guest. High school students will also receive complimentary invitations for two guests. This change must be made to be consistent with the policies and procedures of the Banquet Committee and with current practice. The motion was seconded and carried. Peter will make appropriate changes to the policies and procedures.

Marie pointed out that there are several volunteers who should receive recognition for their consistent and sustained efforts over the past years. Marie moved to provide one-time complimentary banquet invitations to the individuals who have volunteered ten or more times. The motion was approved.

Marie also moved to provide recognition to two individuals who recently completed marathons in all 50 US states, Fesshaye Haile and Lori Sherwood.

Banquet: (Randy Cook) – Randy stated that last year 15 to 20 New Energy coaches were invited to the banquet and that the fee came out of the New Energy budget. However, the lead coaches get paid. New Energy also has their own party. In addition, all volunteers serving two or more times get invited to a volunteer party. Randy made a motion that New Energy coaches' complimentary banquet invitations be rescinded. The motion was approved. Ayes: Ten. Nays: One.

During the discussion it was noted that the current cost for the banquet was \$52 per person, excluding the cost for the open bar from 5 to 6 pm, potentially requiring an increase in the member contribution from \$25 to \$30 next year. Thomas suggested that the venue may be moved, e.g., to the Chesapeake Convention Center.

Randy also noted that the volunteer party is currently held alongside the General Membership meeting at the Ocean View Pier. He suggested that there should be a separate event to recognize volunteers. This item will be discussed at a future Board meeting.

Budget: (Tim Robinson) – Tim distributed preliminary financial statements (see attachments). He will complete the budgeted versus actual expenses for 2019 by the next meeting. The 2019 net loss was less than budgeted.

Constitution & Bylaws: (Randy Cook) – Randy handed out annotated versions of the club's constitution and bylaws (see attachments). Further discussion was postponed.

Elections: (Lori Sherwood) – no report.

Grand Prix: (Stacin Martin) – Grand Prix points will be tracked on RunSignup this year. A motion was made to discontinue the use of volunteer points for the Grand Prix and institute a requirement to volunteer at least once in order to be eligible for the Grand Prix. The motion was seconded and unanimously approved.

Grand Prix Multi-Sport/Triathlon: (Bob Boyce) – Thomas moved to approve the following schedule for the Striders' 2020 Multi-Sport Grand Prix:

- 4 Apr Smithfield Sprint Triathlon
- 26 Apr Outer Banks Duathlon
- 16 May Northwest River Sprint Triathlon
- 6 Jun Jamestown Olympic Triathlon (State and Regional Championship)
- 26 Jun Robious Landing Sprint Triathlon

11 Jul Allen Stone Run-Swim-Run
11 Jul Colonial Beach Sprint Triathlon
12 Jul Colonial Beach Olympic Triathlon
18 Jul Tidewater Super Sprint Triathlon
2 Aug Virginia Duathlon
12 Sep Patriot Half Iron Triathlon
13 Sep Patriot Sprint Triathlon
26 Sep Giant Acorn Olympic Triathlon
10 Oct Pleasant Landing Sprint Triathlon

The motion was seconded and unanimously approved.

Grand Prix Walking/Walking: (Bunny May) – Bunny showed two stickers that the committee obtained to encourage walking for health and race walking. Bunny pointed out differences between power walking and race walking. Thomas suggested to add a power walk event to the Strider Mile races.

Grand Prix Youth / Youth Program: (Steve Sheppard/Angelo Celestia) – no report.

Hall of Fame: (Randy Cook) – Award have been ordered and introductions for the nominees have been completed.

History: (Randy Cook) – The 2019 history will be completed by the February meeting.

Marketplace: (William Tallent) – Reported that sales are going well. Thomas is monitoring the inventory and will be ordering spring and summer apparel, including short-sleeve shirts, sports bras, visors, etc.

Media: (Jean Phelan/Jim Martin) – Reported 4,131 Facebook followers, 1,144 Twitter followers, 982 Instagram followers.

Membership: (Bob Brunner) – No year-end figures yet. Kim Borges suggested that we call persons whose membership has lapsed. Thomas appointed Kim as Board liaison to the Membership Committee chair to lead the effort in contacting these members. Several suggestions were made to become more visible at the Saturday morning meetups and to help attract and retain members.

Nominations: (Rich Hildreth / Jean Phelan) – no report.

Policies and Procedures: (Peter Pommerenk) – no report (yet).

Programs: (Kim Borges) – no report.

Race: (Dan Edwards/Thomas Hicks/Rick Brown) – Thomas praised the race organizers for the New Year Resolution 5k and discussed one timing issue that occurred during the race. It was emphasized that based on USATF regulations, the top three open and top three master runners will be determined based on gun time, not chip time.

Thomas mentioned that the ERR registration is open. There will be prize money this year, and he has invited elite runners to participate. Thomas also spoke with the City of Norfolk about ERR 2021 because it is becoming difficult to accommodate the 10k course and a growing participation in Portsmouth. However, in Norfolk, there are conflicts with other races in May. ERR 2021 could be moved to April, and there would still be a Memorial Day 8k. In Norfolk the ERR 2021 would likely happen on the last April weekend.

Thomas met with Rick Brown and Dan Edwards to discuss timing after Rick retires in May. He proposed that after ERR, the race directors pick a timing company for their races (e.g., Bishops Events, EnMotive (which took over J&A races), Endeavor Running Club). The Striders' rented timing equipment would be returned to EnMotive. The RV used to haul the equipment would be sold. Rick will train Stacin Martin and Thomas on the use of the backup timing system for contracted races, i.e., races that the Striders time for others (e.g., Run for the Animals, Smile 5k). Any decisions to hire a timing company for multiple races should be made after an evaluation by the race directors. Thomas moved that starting after ERR, the race

directors will be responsible for timing and selecting a timing company. Stacin and Thomas will perform timing for contracted races. William Tallent seconded the motion. There was no objection, and the motion was approved by general consent.

A discussion about replacing the equipment van was postponed to the next meeting.

Jim Dare works as the registration chair and advisor for the CHKD race on April 11. He proposed that the Striders support a 1-mile race series consisting of three races, including the Shamrock Mile, the CHKD Mile and the ERR Mile. The Board supports the idea.

Scholarship/Campership: (Dan Edwards / Jim Dare) – No report

Teams: (Thomas Hicks) – Bunny suggested to create race walking teams. Thomas mentioned that the Super Grand Prix has been posted.

Volunteer: (Marie Price) – No report.

Website: (Jim Martin) – Updated website for 2020 and added the New Grand Prix schedules

Old Business:

- Timing services discussion was concluded (see Race Committee report)

New Business:

- Officer elections were held (see the Vice-President's report)
- 2020 Multisport schedule was approved (see Grand Prix Multi-Sport/Triathlon Committee report)
- Constitution edits (Randy Cook) – postponed to February 2020 meeting
- Bylaw edits (Randy Cook) – postponed to February 2020 meeting
- Volunteer recognition was addressed (see Awards Committee report)

Next meeting will be **February 3rd, 6:30 PM** at the NORFOLK Running Etc. (1707 Colley Ave., Norfolk, VA)

Adjournment: The meeting was adjourned at **8:01 PM**.

Minutes prepared by: Peter Pommerenk

Minutes approved: February 3, 2020