

WALKING COMMITTEE

Policies and Procedures

POLICIES:

1. It is the responsibility of the Walking Chairman and Committee to:
 - A. Promote and encourage walking to include race walking and walking for fitness.
 - B. Serve as a liaison to local walking events.
 - C. Provide information to the membership and others in the community.
 - D. Create and publicize a series of events to be called the Tidewater Striders Walking Grand Prix Series (WGP) to encourage participation among the club members.

PROCEDURES:

1. Committee Membership. The Chairperson or the Co-Chairpersons of the Walking Committee shall be appointed by the President and approved by the Board of Directors. Any walker on the Board of Directors is an automatic member of the committee. Committee membership will normally be five members including the Chairperson or Co-Chairpersons.
2. The Committee shall provide walking information to the *eRUNDOWN* and the Strider web site such as a list of all WGP races, WGP rules, race walking results, profiles, articles on training and various facets of walking.
3. The Committee shall provide walking information to the membership through programs and clinics.
4. The Chairperson or designee shall act as the liaison, in collaboration with the Race Committee, when dealing with race directors concerning walking and USATF sanctioned race walking events.
5. The Committee will select various local races for inclusion in the WGP using the following criteria:
 - A. Most races will not be held closer than two weeks apart.
 - B. The Committee will determine the total number of WGP events.
 - C. To qualify for an award in the WGP series participants must walk in at least (3) events and be a judge for (1) event.
 - D. The Committee's WGP schedule will be presented to the Board of Directors for approval no later than the December Board meeting of the year preceding the proposed series.
 - E. The WGP schedule will mirror the Running Grand Prix (GP) as close as practicable, except when GP races are not amenable to walking, such as mud runs, cross-country runs, sand runs, or do not include walking divisions; or when scheduling conflicts arise. Races will then be substituted with other scheduled area races.
 - F. The Committee reserves the right to substitute races in the event of the cancellation of a scheduled race.
 - G. Walkers finishing 1st through 10th in a race will accumulate Competition Points.

H. Competition Points will be awarded in two divisions, i.e. overall male and overall female, for placing first through tenth. WGP competitive scoring will be as follows:

Place	Points	Place	Points
1 st	10	6 th	5
2 nd	9	7 th	4
3 rd	8	8 th	3
4 th	7	9 th	2
5 th	6	10 th	1

- I. Only a participant's top (3) races will be scored in the final WGP competitive standings.
- J. Walkers are required to adhere to race time constraints. Walkers who do not complete a race within published times will not be awarded points.
- K. USATF Rules of Competition apply to designated races (e.g. 1500M race walk of the Strider Mile and the One Hour Postal Race Walk). For all other non-USATF Rules of Competition races, walkers must walk the entire race distance. Violating USATF rules in designated races and running or jogging at anytime during non-USATF designated races will result in removal from the race's walk division. Walk Judges will be used at all WGP races to ensure that walkers observed running or jogging are removed from the race's walking division and that their race results are moved to the appropriate running age group.
- L. The Committee will determine the number of walk judges needed at each race.
- M. The depth of awards to be presented at the Annual Awards Banquet will be five (5) deep in both the male and female overall WGP groups (total of 10 competition awards).
- N. The Committee shall coordinate presentation of the awards with the Awards and Banquet Chairpersons.

Approved:

March 12, 2018