

Tidewater Striders Board of Directors

Minutes

September 10, 2018

Call to Order: The meeting was called to order by President Steve Shapiro at 6:45pm at Running Etc. Norfolk. The following Board members were in attendance: Steve Shapiro, Randy Cook, Stacin Martin, Gene Edwards, Jim Martin, Drew Midland, Tim Robinson, Jim Dare, William Tallent and Marie Price. Absent were board member Deb Redmond and Stephanie Manny. Bunny May and Virginia Davis were in attendance as Tidewater Strider members.

President's Report: Thank you to all Rock and Roll Half Marathon race and booth volunteers. Numbers for the race are down but the race management is looking for ways to get an increase in participation. The Strider 10 miler had a very good turn out and post-race. Approximately 200 participants registered for the race. Stacin Martin has the action to coordinate with Rick Brown to publish a straight overall order of finishers list along with age group results for all Tidewater Strider races.

Vice President's Report: None

Treasurer's Report: The financial statements were reviewed briefly, which include financials through July. Status is good and tracking ahead of previous years. Financial increases are due to race participation increases at many races.

Committee Reports:

Banquet: Contract has been received for the membership and volunteer party. Cost and offerings will be same as previous years. The February banquet contract has been received and will be an additional \$2.50 per person for the 2019 event.

Elections: Call for nominations went out in the August newsletter. Nominations need to be sent to Jean Phelan and Rich Hildreth.

Grand Prix: The Grand Prix results are up to date through current races. Motion to add Wicked 10K to the Grand Prix to fill the October spot was made and approved.

History: 2017 has been completed and added to the website.

Marketplace: A few Tidewater Strider items were sold at the Rock and Roll Half Marathon expo. Gene Edwards has the orange Tidewater Strider hats that were ordered. The hats are being sold for \$20.

Membership: A membership summary was not available at the time of the meeting.

Randy Cook provided a proposal for a membership value program. The plan would potentially include the Distance Series, Elizabeth River Run, Summer Series (excluding Mel Williams Memorial Scholarship 5K), Turkey Trot, and Strider Mile. Structure would be similar to the Golden Runner membership. The membership fee would exclude any registration platform fees. Discussion of how the program would be implemented and alternatives were discussed. Alternatives included bundling of specific races for registration to provide a cost savings to members; price breaks on future races for registering for certain races; and reducing or eliminating registration platform fees for members.

Additional discussion on Randy Cook's proposal will take place at future meeting(s) along with discussions of other alternatives. The various race directors will be contacted to get feedback to assist in those discussions.

Stacin Martin has the action to discuss potential program and/or other race discount options with race directors to see what they would be willing to implement or prefer.

Bylaws and Policies and Procedures revisions were discussed and reviewed to address changes to the Golden Runner program. Bylaws approval procedures are such that the board approval will take place at a later date to allow sufficient time for general membership publication and review in the newsletter.

Policies and Procedures were reviewed and motion to approve recommended changes with one additional editorial change to formatting in Article XI, Section II was made and approved.

Scholarship: Scholarship money has been disbursed to the recipients. Some changes to school decisions were addressed and funds have been appropriately sent.

Teams: The Yorktown 10 Mile will be the next competition on November 3.

Volunteer: An email invite to the membership and volunteer party will be sent out.

Walking: The Walking Committee race director instruction/information sheet was reviewed. One suggested change to add definitive language for what constitutes walking as part of competition was made.

Web Site: Flyer for upcoming Mettle Events race will be added to the website. A revised membership letter needs to be uploaded to the website. The Turkey Trot website has been revised and is up to date.

Youth: Summer Track & Field - New Energy had an active summer! Over 35 kids took part in Track & Field Meets at USATF and AAU Meets in Petersburg, Hampton (2 Meets), Orlando, Greensboro and Des Moines. Special THANKS to Coaches Thomas Tate and Stanley Bryant who were at many practices and Meets with Steve Sheppard.

Tidewater Striders New Energy had 12 individuals qualify for AAU Nationals and 9 qualify for USATF Nationals.

AAU National Qualifiers: Lane Britt, Elsie Lewis, Rachael Zimmer, Qiana Boyd, Caitlynn Melanson, Carter Ward, Nathan Quiroz, Riley Simon, Noah Boyce, Alex Temple, John Gorman, and Evan Melanson.

USATF National Qualifiers: Betsy Pollard, Cierra Sheppard, Caitlynn Melanson, Jayden White, Johnny Babyak, Shamond Smith, Tyler Gray, Marcus Ramos and Tucker Grochowski.

There were several Top 20 Finishers Nationally in their events, including Qiana Boyd, Tucker Grochowski, Johnny Babyak, Betsy Pollard, Cierra Sheppard and Rachael Zimmer. Most of these races had 75-125 runners competing at Nationals.

Fall season kicked off last Thursday, September 6th - We had all sites in action for our first fall practice. There are 252 on active roster, and 35 coaches. Both of these numbers have us trending toward all-time highs for a calendar year.

Norfolk: 12 in attendance, an all-time high for a day one. Chesapeake: 20 in attendance. Mount Trashmore: Coach Thomas Walsh reported 16 at first practice, and indicated there may have been a few who couldn't find

them, since there was a Private HS XC Meet going on at same time there. Angelo Celesia and Steve Sheppard are looking into this, since that number seems quite low. More notices reminding people about this week's practices and letting folks know about our weather cancellation policies. Peninsula: 14 in attendance, with 2 coaches and 2 prospective Coaches. They have an outing scheduled on Sept 27th at Point 2, a shoe seminar. Suffolk: 31 in attendance on day one in Suffolk. The practice experienced a medical emergency but coaches, parents, and medical responded and no significant medical problems. The youth runner became dehydrated and the response was sufficient that no further medical treatment was required. The program will send an overview to all coaches on how to handle this medical issues.

Old Business: None

New Business: The board needs to coordinate with Sam Wittenberg to get guidance on what the appropriate medical support at the Strider races should be and what if any protocols should be in place for the Strider managed races.

Next meeting will be October 1, 6:45 PM at Running Etc. Virginia Beach.

Adjournment:

The meeting was adjourned at 8:00 PM.

