

## “GROUNDPOUNDER” ENTRY TO MARINE CORPS MARATHON 2018

In Honor of Mel Williams, MCM Groundpounder

Would you like the opportunity to run the 2018 Marine Corps Marathon (MCM) in honor of Mel Williams? The Marine Corps Marathon organization has graciously provided the Tidewater Striders with one guaranteed entry into the Marine Corps Marathon in honor of Mel Williams. The Tidewater Striders will pay for the entry of the selected runner. This entry is an opportunity for a Tidewater Strider to honor the significant influence Mel had on so many in, and beyond, the running community and to inspire continued dedication to wellness, fitness and good fellowship.

To apply for this guaranteed and paid entry to Marine Corps Marathon 2018, applicants must meet the following criteria:

- Have been a Tidewater Strider in good standing for the past two years (from date of the application)
- Demonstrated involvement with Tidewater Striders to include competition and volunteerism
- Include in the application a brief description of how your life was influenced by Mel Williams, and why you want to run the MCM
- Commit to providing training status/blurbs updates during the year and a short article after the race event about their experience to the Communications Director for distribution.

# Application Form for Guaranteed Entry to Honor Mel Williams

## Marine Corps Marathon 2018

Applications to be submitted no later than **December 1, 2017** by:

- a) Email to Jim Dare at [jamesdare2@cox.net](mailto:jamesdare2@cox.net), or
- b) Snailmail to: Groundpounder Guaranteed MCM 2018 Entry, 3514 Norway Place, Norfolk, VA 23509

Chosen recipient will be informed in early January 2018 and will be invited to attend the Tidewater Striders Banquet to receive the honor in February 2018.

1. Name (last, first, MI):
2. Date application submitted:
3. Current address (number, street, city, state, zip code, country):
4. E-Mail address:
5. Phone number w/ area code:
6. Gender:
7. Date of Birth (mm/yyyy):
8. Month/Year joined Tidewater Striders:

