

| A or B   | Member Expire | Volunteer Walk Judge | Service Points | Distance Series A | Elizabeth River Run B | Distance Series A | Cape Henry - cancel - no replace A | Distance Series A | Shamrock Half Marathon B | Distance Series A | Shamrock Marathon B | Lion's Journey for Sight A | Salute to the Military (CRR) B | Allen Stone A | Memorial Scholarship B | Strider 1,500 Meter Racewalk A | One-Hour Postal Racewalk B | Run for the Homefront A | Sunset Six (6K) B | Neptune Festival A | St Mary's Home B | ODU Accounting A | Race for Breath B | Turkey Trot A | Wachapreague B | TOTAL | TOP 9 SCORES | Judging Req Met | Qualified  |
|----------|---------------|----------------------|----------------|-------------------|-----------------------|-------------------|------------------------------------|-------------------|--------------------------|-------------------|---------------------|----------------------------|--------------------------------|---------------|------------------------|--------------------------------|----------------------------|-------------------------|-------------------|--------------------|------------------|------------------|-------------------|---------------|----------------|-------|--------------|-----------------|------------|
| Date     |               |                      |                | 1/9               | 5/29                  | 1/9               | 11/20                              | 2/20              | 3/21                     | 2/20              | 3/21                | 4/11                       | 5/15                           | 7/17          | 7/27                   | 8/14                           | 11/13                      | 7/24                    | 10/23             | 9/25               | 10/2             | 10/17            | 11/6              | 11/25         | 12/4           |       |              |                 | for Award  |
| Distance |               |                      |                | 10K               | 10K                   | 20K               | 10M                                | 20K               | 13.1M                    | 30K               | 26.2M               | 5K                         | 5K                             | 5K            | 5K                     | 2K                             | ??                         | 5K                      | 6K                | 8K                 | 5K               | 5K               | 5K                | 10K           | 7.7M           |       |              |                 | (Standing) |

**TIDEWATER STRIDERS 2010 WALKING GRAND PRIX RESULTS (as of 8 December 10)**

| MALES                  |       |    |    |    |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     |     | 160 | 140   | Y/N   |  |
|------------------------|-------|----|----|----|----|----|--|----|----|----|----|----|----|----|----|---|----|----|----|----|----|----|----|----|-----|-----|-----|-------|-------|--|
| Tom Gerhardt           | 6/11  | 3  | 50 | 10 | 0  | 10 |  | 5  |    | 7  |    | 10 | 0  |    | 10 | 0 | 10 | 0  | 10 | 10 |    | 10 | 0  | 10 | 0   | 152 | 140 | Y     | Yes-1 |  |
| Steve Durrant          | Life  | 10 | 50 | 0  | 9  | 8  |  | 7  |    | 9  |    | 8  | 8  |    | 8  | 9 |    | 10 |    | 9  | 7  |    | 7  | 0  | 134 | 127 | Y   | Yes-2 |       |  |
| Bill Spruill           | Life  | 5  | 50 | 0  | 7  |    |  | 6  |    |    |    | 9  |    | 8  |    | 7 |    | 0  | 9  |    | 7  | 0  | 9  | 6  | 118 | 118 | Y   | Yes-3 |       |  |
| Dwight Kane            | 3/11  | 4  | 50 |    | 8  |    |  |    |    |    | 9  | 9  | 9  | 9  |    |   |    | 8  |    | 8  | 9  | 9  | 8  |    | 118 | 118 | Y   | Yes-3 |       |  |
| Scott Stakes           | 10/11 | 2  | 10 | 0  | 10 |    |  | 10 | 0  |    |    | 0  | 10 | 10 |    | 9 |    | 9  |    | 0  | 10 | 10 |    | 9  |     | 97  | 97  | N     |       |  |
| Hartley Dewey          | 10/11 | 4  | 50 |    |    |    |  | 8  |    | 10 | 0  |    |    |    | 9  | 8 | 0  |    |    | 9  |    |    |    |    |     | 94  | 94  | Y     | Yes-5 |  |
| Jordan "Buddy" Levitin | 4/12  | 7  | 50 | 7  |    |    |  |    |    |    |    |    |    | 7  | 0  | 8 | 7  |    |    | 7  | 0  |    | 8  |    | 94  | 94  | Y   | Yes-5 |       |  |
| Richard Kole           | Life  | 6  | 50 | 8  |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    | 8  |    |    | 66  | 66  | Y   |       |       |  |
| William "Bill" Lipford | 8/12  | 10 | 30 |    |    |    |  |    |    |    | 10 |    |    |    |    | 0 | 10 |    |    |    |    |    |    |    | 50  | 50  | Y   |       |       |  |
| James Wolfe            | 6/11  | 0  | 20 |    | 6  |    |  |    | 10 |    |    | 7  |    |    |    |   |    |    |    | 5  |    |    |    |    | 48  | 48  | N   |       |       |  |
| Steve Shapiro          | 1/11  | 3  |    | 9  |    | 9  |  | 9  |    | 8  |    |    |    |    |    |   |    |    |    |    |    |    |    |    | 35  | 35  | Y   |       |       |  |
| Carl Mallett           | 1/11  | 2  | 20 | 6  |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    | 4  |    |    |    |    | 30  | 30  | N   |       |       |  |
| James Stark            | 4/12  | 0  |    |    |    |    |  |    |    |    |    | 8  |    | 5  |    |   |    |    |    |    |    |    |    |    | 13  | 13  | N   |       |       |  |
| John Ventrice          | 12/10 | 0  |    |    |    |    |  |    |    |    |    |    |    | 6  |    |   |    |    |    | 6  |    |    | 7  |    | 19  | 19  | N   |       |       |  |
| Lloyd Faul             | 10/12 | 0  |    |    |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    | 8  |    |    |    | 8   | 8   | N   |       |       |  |
| FEMALES                |       |    |    |    |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     |     |     |       |       |  |
| Paula Graham           | 11/11 | 4  | 50 | 9  | 0  | 10 |  | 10 |    | 10 |    | 10 | 10 | 10 | 10 | 0 | 10 | 10 | 10 | 0  | 10 | 0  | 10 |    | 9   | 158 | 140 | Y     | Yes-1 |  |
| Linda Janssen          | 1/11  | 4  | 50 | 10 | 0  |    |  |    | 10 |    |    |    | 10 | 10 | 10 | 9 |    |    |    | 10 | 10 | 10 | 10 | 10 |     | 139 | 139 | Y     | Yes-2 |  |
| Heidi Sleasman         | 12/10 | 7  | 50 | 8  |    | 9  |  | 9  |    | 9  |    | 9  |    | 8  | 8  | 0 | 9  |    | 9  | 9  |    | 9  |    | 10 | 147 | 131 | Y   | Yes-3 |       |  |
| Lori Sherwood          | 1/12  | 5  | 50 |    | 9  |    |  | 7  |    | 8  |    | 7  |    | 6  | 0  | 8 | 8  |    | 8  | 8  |    |    |    | 8  | 119 | 119 | Y   | Yes-4 |       |  |
| Judy Paschall          | 11/11 | 9  | 50 | 3  |    |    |  | 5  | 0  |    |    |    |    | 9  | 0  | 7 |    |    | 0  | 8  |    |    |    |    | 82  | 82  | Y   | Yes-5 |       |  |
| Cindy Williams         | 1/12  | 5  | 50 |    |    |    |  |    |    |    |    | 6  |    |    | 7  | 0 |    |    |    |    |    |    |    | 8  | 71  | 71  | Y   |       |       |  |
| Kathy Nash             | 1/11  | 3  | 50 | 5  |    | 8  |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    | 63  | 63  | Y   |       |       |  |
| Sue Edwards            | 10/11 | 0  | 50 |    |    |    |  |    |    |    |    |    |    | 4  |    |   |    |    |    |    |    |    |    |    |     | 54  | 54  | N     |       |  |
| Maureen Ventrice       | 12/12 | 0  |    | 0  | 10 |    |  | 8  |    | 0  | 10 |    |    | 9  |    |   |    |    |    | 9  |    |    |    | 9  |     | 55  | 55  | N     |       |  |
| Elizabeth Diane Zinn   | 1/11  | 3  | 30 |    |    |    |  |    |    |    |    | 5  |    | 3  |    |   |    | 7  |    |    |    |    |    |    |     | 45  | 45  | Y     |       |  |
| Dianna Hinshaw         | 8/11  | 0  | 10 | 4  |    |    |  | 6  |    |    |    |    |    | 5  |    |   |    |    |    |    |    |    |    |    |     | 25  | 25  | N     |       |  |
| Robin Land             | 6/11  | 0  |    |    | 8  |    |  |    | 7  |    |    | 8  |    |    |    |   |    |    |    |    |    |    |    |    |     | 23  | 23  | N     |       |  |
| Pat Thomas             | 6/11  | 2  | 20 |    |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 20  | 20  | N     |       |  |
| Marjorie Mallett       | 1/11  | 1  | 20 |    |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 20  | 20  | N     |       |  |
| Lis Shepard            | 3/12  | 0  | 10 |    |    |    |  |    | 8  |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 18  | 18  | N     |       |  |
| Diane Cory             | 5/11  | 2  |    |    |    |    |  |    |    |    |    |    |    | 7  |    | 9 |    |    |    |    |    |    |    |    |     | 16  | 16  | N     |       |  |
| Rebecca Garson         | 8/11  | 0  |    |    |    |    |  |    |    |    |    |    |    |    | 10 |   |    |    |    |    |    |    |    |    |     | 10  | 10  | N     |       |  |
| Katie Humphrey         | 5/12  | 0  |    |    |    |    |  |    | 9  |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 9   | 9   | N     |       |  |
| Nancy Smith Hallingse  | 11/10 | 3  |    | 7  |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 7   | 7   | N     |       |  |
| Debby Fink             | 5/11  | 0  |    |    | 7  |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 7   | 7   | N     |       |  |
| Desiree Haubner        | 7/11  | 0  |    |    |    |    |  |    | 6  |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 6   | 6   | N     |       |  |
| Dianette Mabry         | 2/11  | 0  |    | 6  |    |    |  |    |    |    |    |    |    |    |    |   |    |    |    |    |    |    |    |    |     | 6   | 6   | N     |       |  |

Grand Prix awards given to the top five males and top five females based on total points. Individuals must compete in at least six races and meet the volunteer walk judge requirements.



