

| | Member Expire | Volunteer Walk Judge | Service Points | Distance Series | Shamrock Half Marathon | Distance Series | Swamp Stomp Half Marathon | Distance Series | Shamrock Marathon | Lion's Journey for Sight | Salute to the Military (CRR) | Elizabeth River Run | Turkey Trot | Allen Stone | Memorial Scholarship | Vineyards (CRR) | Beacon of Hope | Strider 3,000 Meter Racewalk | One-Hour Postal Racewalk | Neptune Festival | St. Mary's Home | ODU Accounting | Race for Breath | Cape Henry | Wachapreague | TOTAL | TOP 9 SCORES | |
|----------|---------------|----------------------|----------------|-----------------|------------------------|-----------------|---------------------------|-----------------|-------------------|--------------------------|------------------------------|---------------------|-------------|-------------|----------------------|-----------------|----------------|------------------------------|--------------------------|------------------|-----------------|----------------|-----------------|------------|--------------|-------|--------------|------------|
| A or B | | | | A | B | A | B | A | B | A | B | A | B | A | B | A | B | A | B | A | B | A | B | A | B | | | Qualified |
| Date | | | | 1/3 | 3/22 | 1/24 | 4/18 | 2/21 | 3/22 | 4/11 | 5/16 | 5/23 | 11/26 | 7/18 | 7/28 | 8/8 | 10/24 | 8/15 | 11/14 | 9/26 | 10/3 | 10/18 | 11/7 | 11/21 | 12/5 | | | for Award |
| Distance | | | | 20K | 13.1M | 25K | 13.1M | 30K | 26.2M | 5K | 5K | 10K | 10K | 5K | 5K | 5K | 5K | 3K | ?? | 8K | 5K | 5K | 5K | 10M | 7.7M | | | (Standing) |

TIDEWATER STRIDERS 2009 WALKING PARTICIPATION RESULTS (as of 16 November 09)

| Point Value | | | | 10/20 | 21 | 15/25 | 21 | 20/30 | 42 | 5 | 5 | 10 | 10 | 5 | 5 | 5 | 5 | 3 | 7/+ | 8 | 5 | 5 | 5 | 16 | 12 | 270 | | |
|------------------------|-------|----|----|-------|----|-------|----|-------|----|---|---|----|----|---|---|---|---|---|-----|---|---|---|---|----|----|-----|---------|--|
| Steve Durrant | 1/10 | 5 | 50 | 20 | | 25 | 21 | 30 | 42 | 5 | 5 | 10 | | 5 | 5 | 5 | 5 | | 9 | 8 | | | 5 | | | 250 | Yes-GP | |
| Kathy Nash | 1/10 | 3 | 50 | 20 | | 25 | 21 | 30 | 42 | 5 | | 10 | | 5 | | | 5 | 3 | 7 | 8 | 5 | 5 | 5 | | | 246 | Yes-GP | |
| Lori Sherwood | 1/10 | 5 | 50 | 20 | 21 | 25 | 21 | 30 | 21 | 5 | | 10 | | 5 | | 5 | 5 | | 8 | 8 | 5 | 5 | | | | 244 | Yes-GP | |
| William "Bill" Lipford | 8/10 | 5 | 50 | 20 | | 25 | 21 | 30 | 42 | 5 | 5 | | | | 5 | 5 | 5 | 3 | 7 | 8 | | | | | | 231 | Yes-GP | |
| Richard Kole | 2/10 | 11 | 50 | 20 | | 25 | 21 | 30 | 42 | 5 | 5 | | | | | | | | 9 | 8 | | 5 | 5 | | | 225 | Yes-WP1 | |
| Dwight Kane | 1/10 | 4 | 50 | 20 | | 25 | | 30 | 42 | 5 | 5 | | | | 5 | 5 | 5 | | 7 | 8 | 5 | 5 | | | | 217 | Yes-GP | |
| Tom Gerhardt | 6/11 | 1 | 50 | 20 | | | 21 | 30 | 42 | | 5 | 10 | | 5 | 5 | 5 | 5 | 3 | 11 | | | | 5 | | | 217 | | |
| Jordan "Buddy" Levitin | 6/10 | 5 | 50 | 20 | | 15 | 21 | 20 | 42 | | 5 | 10 | | | | 5 | | | 8 | 8 | | 5 | 5 | | | 214 | Yes-WP2 | |
| Hartley Dewey | 8/10 | 3 | 50 | 20 | | 25 | | 30 | 42 | 5 | | 10 | | | 5 | | | 3 | 9 | 8 | | | | | | 207 | Yes-GP | |
| Linda Janssen | 1/10 | 3 | 50 | 10 | 21 | 15 | 21 | 20 | | 5 | 5 | 10 | | 5 | 5 | 5 | 5 | 3 | 9 | 8 | | | 5 | | | 202 | Yes-GP | |
| Cindy Williams | 1/10 | 10 | 50 | 20 | | | 21 | 30 | 42 | 5 | 5 | 10 | | | | | | 3 | 7 | | 5 | | | | | 198 | Yes-WP3 | |
| Nancy Smith Hallingse | 11/10 | 4 | 50 | 20 | 21 | 15 | 21 | 20 | | 5 | | 10 | | 5 | | 5 | | | | 8 | | | | | | 180 | Yes-WP4 | |
| Scott Stakes | 8/10 | 3 | 50 | 10 | 21 | 25 | | 20 | | 5 | | 10 | | 5 | 5 | 5 | 5 | 3 | | 8 | | 5 | | | | 177 | Yes-GP | |
| Charlyne Gibson | 12/09 | 4 | 50 | 10 | | 15 | | 20 | 42 | 5 | | 10 | | 5 | 5 | 5 | 5 | | | 8 | | | | | | 175 | Yes-WP5 | |
| Paula Graham | 10/10 | 3 | 50 | 20 | | 25 | | 30 | | 5 | | 10 | | | 5 | 5 | | 3 | 9 | 8 | | | | | | 170 | Yes-GP | |
| Judy Paschall | 10/10 | 5 | 50 | 10 | 21 | 15 | 21 | 20 | | 5 | | | | 5 | 5 | 5 | | 3 | | | | | 5 | | | 165 | Yes-WP6 | |
| Bob Curtin | 1/10 | 3 | 50 | 20 | | | 21 | 30 | | | | 10 | | | 5 | 5 | 5 | 3 | | 8 | | 5 | | | | 162 | Yes-WP7 | |
| Carl Mallett | 2/10 | 1 | 50 | 10 | 21 | 15 | | 20 | | 5 | | | | | 5 | | 5 | 3 | | 8 | | | | | | 142 | | |
| Marjorie Mallett | 2/10 | 1 | 50 | 10 | 21 | 15 | | 20 | | 5 | | | | | 5 | | 5 | | | 8 | | | | | | 139 | | |
| Desiree Haubner | 7/11 | 4 | 50 | | 21 | | 21 | | | | | | | | 5 | | | 3 | 7 | | 5 | 5 | 5 | | | 122 | Yes-WP8 | |
| James Wolfe | 6/11 | 3 | 50 | | 21 | 15 | | | | 5 | | 10 | | | 5 | | | | | 8 | | 5 | 5 | | | 119 | Yes-WP9 | |
| Steve Shapiro | 9/09 | 2 | 50 | | | 25 | | 30 | | | 5 | | | | | | | 3 | | | | | | | | 113 | | |
| Heidi Sleasman | 12/10 | 2 | 50 | | | | 21 | | | 5 | 5 | | | 5 | | | 5 | 3 | | 8 | 5 | 5 | | | | 112 | | |
| Elizabeth Diane Zinn | 1/10 | 1 | 50 | 10 | | | | | 42 | 5 | | | | | | | | | | | | | | | | 107 | | |
| Loline Otzelberger | 1/10 | 1 | 50 | | 21 | | | 20 | | 5 | | | | | | | | | | | | | | | | 96 | | |
| Penny Rachiell | 04/10 | 0 | 50 | | 21 | | 21 | | | | | | | | | | | | | | | | | | | 92 | | |
| Robin Land | 6/11 | 0 | | 10 | 21 | 15 | | 20 | | | | 10 | | | | | | | | 8 | | | | | | 84 | | |
| Leigh Curran | 6/10 | 0 | 50 | | 21 | | | | | | | | | | | | | | | | | | | | | 71 | | |
| Debra Hovatter | 12/09 | 0 | 50 | | 21 | | | | | | | | | | | | | | | | | | | | | 71 | | |
| Grove Calvert | 5/11 | 0 | | 10 | 21 | | 21 | | | 5 | | | | | | | | | | | | | | | | 57 | | |
| Andrea King | 1/10 | 0 | 50 | | | | | | | | | | | | | | | | | | | | | | | 50 | | |
| Mary Ann Calvert | 5/11 | 0 | | | 21 | | 21 | | | 5 | | | | | | | | | | | | | | | | 47 | | |
| Gladys Sopko | 1/10 | 0 | | 10 | | | | 20 | | | | | | | | 5 | | | | | | | | | | 35 | | |
| Sharon Dubois | 1/10 | 0 | | | 21 | | | | | | | | | | | | | | | | | | | | | 21 | | |
| Dianna Hinshaw | 8/11 | 1 | | | | | | | | | | | | | 5 | | | 3 | | 8 | | | | | | 16 | | |
| Jack Lapke | 12/10 | 0 | | | | | | | | | | | | 5 | | | 5 | | | | | | | | | 15 | | |
| Bill Spruill | Life | 0 | | | | | | | | | | | | | 5 | | 5 | | | | | | | | | 15 | | |
| Kathleen Lapke | 12/10 | 0 | | | | | | | | | | | | | | 5 | | | | | | | | | | 10 | | |

Walking Participation awards given to the top ten point recipients not receiving a Grand Prix Award. "Yes-GP" means currently qualified for a Grand Prix Award. Individuals must participate in at least six races and meet the volunteer walk judge requirements and not qualify for a Grand Prix Award.

If you are a Strider member and walked in any of the above races but your name does not appear in these results please notify Lori Sherwood at either lqriann@verizon.net or 406-1247.