



The Yorktown Independence Day

8K Run and 5K Walk

Saturday, July 4th York High School

The Yorktown 4th of July Celebration Committee welcomes runners to a new 8K loop course on the scenic roads and trails of the Yorktown battlefield. Walkers are invited to a non-scored 5K event. Both events begin and end near Surrender Field. Parking and registration is at York High School.

For more information visit WWW.HAPPYPACERACES.COM

Start: 8K – 8AM start, chute open until 9:30
Runners only please.
 5K – 8:10 Start, finish line open until 9:30
Non-Scored Event

Awards: 8K -Top 3 overall Male and Female finishers; Top 3 Male and Female in each age group. 5K- Walkers will receive Finisher's Ribbons

Fees: Each Race -\$20.00 Early Entry Postmarked by **Saturday, June 20, 2009**
 \$25.00 Late Registration and Day of Race
PTC PASSES ACCEPTED

T-shirts Multi-colored short sleeved t-shirt Limited to first 800 participants
\$2.00 EXTRA FOR XXL

Age Groups: 8K Run - Male & Female – 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59 and 60+

Race Director: Laura Cvitanovich,
 Happy Pace Races, LLC
 757-784-0960,
info@happypaceraces.com

Register : Online at www.happypaceraces.com
 Race Day 6:30 – 7:30 AM



Finish line results and Race support provided by The Peninsula Track Club



Go to
www.yorkcounty.gov/fourth/
to learn more about Yorktown 4th of July Celebration



LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

AGE ON RACE DAY _____ DATE OF BIRTH ___/___/___ MALE _____ FEMALE _____

CHOSE EVENT 5K WALK _____ 8K RACE _____

T SHIRT SIZE S M L XL XXL (\$2.00 EXTRA)

HOME PHONE _____ WORK PHONE _____

Checks payable to:
 Happy Pace Races
 625 Brandywine Drive
 Newport News, VA 23602

EMAIL ADDRESS _____
INCLUDING YOUR EMAIL ADDRESS WILL ENSURE THAT YOU RECEIVE TIMELY RACE UPDATES

(WAIVER) I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided there will be traffic on the course route. I assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the affects of the weather, including high heat and/or humidity, and the condition of the road --all risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry fee. I hereby for myself, my heir executors, administrators or anyone else who might claim of my behalf, covenant not to sue, and waive release and discharge Yorktown, York County, York County Schools, The Yorktown 4th of July Celebration Committee, The National Park Service, Happy Pace Races, LLC, Peninsula Track Club, Road Runners Club of America, Race Officials, Volunteers, any and all sponsors--including their agents, employees, assigns, or anyone acting on their behalf, from all and any claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen know, or unknown. The undersigned future grants full permission to Happy Pace Races and/or its agents authorized by them to use my photographs, videotapes, motion pictures, recording or any other record of this event for any purpose. Applications for minors will be accepted only with parent's signature.

SIGNATURE OF ATHLETE _____ DATE _____ SIGNATURE OF PARENT (IF UNDER 18) _____