

5 Mile Redneck Road Race

5 Mile Evening Run / 1 Mile Fast Run
Walk Through the Park / Kids Buck Run
May 29, 2010 at 6:00pm

LOCATION: Hampshire Park on South Branch River Rd, Romney, WV

DIRECTIONS: Rt 50 at Blue Bridge on West side of Romney. Approx 3 miles on South

Branch River Rd. Park is on left. Kid friendly park, alot of play area.

COURSE: Rolling country road, out and back. Starting and ending at the park.

AWARDS: 5 Mile awards- top male and female overall finishers

Top 3 male and female finishers in each age group

(14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and up)

Walk Through the Park- 1st place male & female overall walkers

Kids Buck Run- 5 and under (costs a buck).

1 Mile Fast Run- 1st place male & female overall runners

Cancer Survivor awards- 1st place male & female overall runners & walkers

REGISTRATION: 4:30PM - 5:30PM

ENTRY FEES: \$15.00 (\$20.00 postmarked after May 14th, 2010) Kids Buck Run: \$1.00

CANCER SURVIVOR FEES: \$10.00 (\$15.00 postmarked after May 14th, 2010)

Questions or Information: 304-822-4000 or hampshirecounty5k@yahoo.com

Refreshments & Beverages available after race. Door Prizes!!!!

*****THESE ARE NO HEADSET RACES AND NO STROLLER RACES !!!!!*****





5 Mile Redneck Road Race Entry

Form

Make checks payable to: Hampshire County 5k *

Mail to: Hampshirecounty5k (c/o Robert Hawk, Sr) Hc 65 Box 6245 Romney,
WV 26757

Name:(Print)_____ Age on 5/29/10:_____

Entry Fee: \$15.00

Address: _____ SEX: M / F

(after 5/14/10 \$20.00)

City, St, Zip: _____

Survivor Fee: \$10.00

Phone #: _____ SHIRT SIZE: S M L XL

(after 5/14/10 \$15.00)

Email Address: _____

Check One: 5 Mile Run ___ or Fun Walk ___ or Kids Buck Run ___ or 1
Mile Fast Run___

WAIVER: I hereby release from liability Relay For Life, Hampshire County, Hampshire
Parks & Recreation,

Queen City Striders, RRCA, Hampshire Park, all sponsors, race officials, volunteers
and anyone connected in

anyway with The Hampshire County 5K Organization or The 5 mile Redneck Road Race
for any injury or ailment

resulting from my participation in the above stated race.

SIGN:(parents sign if under 18 yrs old)_____

DATE:_____

Hampshire County 5k is a registered organization name.

There are no refunds.

*Adult T-Shirts are guaranteed to all preregistered runners and
walkers. *